

Kiss Bow Or Shake Hands The Bestselling Guide To Doing Business In More Than 60 Countries Terri Morrison

Kiss, Bow, Or Shake Hands **Kiss Bow Or Shake Hands** Grip: The art of working smart (and getting to what matters most) *My Grandmother's Hands Close Your Eyes, Hold Hands* **Shake Hands With the Devil** Her Mother's Hands **An Extra Pair of Hands** **Think Again** **Learning Java** *Storytelling with Data* **Atomic Habits** **Three Hands In The Fountain** Everybody Matters Where the Crawdads Sing Maid *The Skin We're In* **Build It** **Bad Blood** **The ONE Thing** **Clap When You Land** Learning Java Tai Chi Push Hands *Lifespan Health Is in Your Hands* **The Year We Learned to Fly** **Get the Guy** Pay Up *The Psychology of Money* **Indecent Proposal** New from Here The Swerve **Kiss, Bow, Or Shake Hands** **The Plot** Educated *Hands Free* *Mama The Scribe Method* Primed to Perform **The Wonky Donkey** **The Distant Hours**

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The Psychology of Money May 28 2020 Doing well with money isn't necessarily about what you know. It's about how you behave. And behavior is hard to teach, even to really smart people. Money—investing, personal finance, and business decisions—is typically taught as a math-based field, where data and formulas tell us exactly what to do. But in the real world people don't make financial decisions on a spreadsheet. They make them at the dinner table, or in a meeting room, where personal history, your own unique view of the world, ego, pride, marketing, and odd incentives are scrambled together. In *The Psychology of Money*, award-winning author Morgan Housel shares 19 short stories exploring the strange ways people think about money and teaches you how to make better sense of one of life's most important topics.

Everybody Matters Sep 12 2021 In *Everybody Matters*, CEO Bob Chapman and bestselling author Raj Sisodia challenge traditional thinking about how to run a business and how to be an inspirational leader. Starting in 1997, Barry-Wehmiller CEO Bob Chapman has pioneered a dramatically different approach to leadership that creates off-the-charts morale, loyalty, creativity, and business performance. At Barry-Wehmiller, every single person matters, just like in a family. That's not a cliché on a mission statement; it's the bedrock of the company's success. In *Everybody Matters*, Chapman and co-author Raj Sisodia show how any organization can stop viewing its employees as simply functions, to be moved around, 'managed' with carrots and sticks, or discarded at will. By doing so, disengaged workers begin to share their gifts and talents toward a shared future. Uninspired workers stop feeling that their jobs have no meaning. And everyone stops counting the minutes until it's time to go home. *Everybody Matters* chronicles Chapman's journey to find his true calling and provides clear steps to transform your own workplace, whether you lead two people or two hundred thousand. 'If you're ready for a new way of doing business, this is the book for you' Daniel H. Pink, author of *To Sell Is Human* and *Drive* 'Bob Chapman is on a mission to change the way businesses treat their employees' Inc.magazine

Get the Guy Jul 30 2020 _____ Written by the hottest dating coach on the scene, Matthew Hussey, this book offers clear, honest and practical advice for women on how to find their ideal man - and, importantly, how to keep him. Using simple steps, Matthew guides us through the complex maze of dating and shows us just how to find the guy, get the guy and keep the guy. In *Get the Guy*, Matthew shares his dating secrets and provides women with the toolkit they need to approach men, and to create and maintain relationships. Along the way, he explodes some commonly held myths about what it is that guys really want, shares strategies on how women can take control of their dating destinies and empowers them to go out there and find an exhilarating, adventurous love life.

An Extra Pair of Hands Mar 18 2022 'Inspiring' GUARDIAN 'Heartbreaking' INDEPENDENT 'I loved it' ADAM KAY 'Beautiful' MATT HAIG 'Luminous' NICCI GERRARD 'Essential reading' MADELEINE BUNTING 'A celebration' CHRISTIE WATSON ----- A Best Book for Summer in *The Times*, *Guardian* and *The i* Independent Book of the Month ----- Caring is an issue that affects us all - as bestselling novelist Kate Mosse knows all too well. Kate has cared in turn for her father and mother, and for Granny Rosie, her 90-year-old mother-in-law. Along the way she has experienced the joys, challenges and frustrations shared by an invisible army of carers. At the heart of this care lie everyday acts of love, and the realisation that, sooner or later, most of us will come to rely on an extra pair of hands. ----- 'Lifts the spirits without pulling punches' IAN RANKIN 'Irresistible' RACHEL JOYCE 'Questions how and why we fetishise independence when the reality of human experience is always interdependence' GUARDIAN, BOOK OF THE DAY 'Heartfelt, funny and at times heartbreaking. 10/10' INDEPENDENT 'Utterly beautiful' FRANCESCA SEGAL

Shake Hands With the Devil May 20 2022 On the tenth anniversary of the date that UN peacekeepers landed in Rwanda, Random House Canada is proud to publish the unforgettable first-hand account of the genocide by the man who led the UN mission. Digging deep into shattering memories, General Dallaire has written a powerful story of betrayal, naïveté, racism and international politics. His message is simple and undeniable: “Never again.” When Lt-Gen. Roméo Dallaire received the call to serve as force commander of the UN intervention in Rwanda in 1993, he thought he was heading off on a modest and straightforward peacekeeping mission. Thirteen months later he flew home from Africa, broken, disillusioned and suicidal, having witnessed the slaughter of 800,000 Rwandans in only a hundred days. In *Shake Hands with the Devil*, he takes the reader with him on a return voyage into the hell of Rwanda, vividly recreating the events the international community turned its back on. This book is an unsparing eyewitness account of the failure by humanity to stop the genocide, despite timely warnings. Woven through the story of this disastrous mission is Dallaire's own journey from confident Cold Warrior, to devastated UN commander, to retired general engaged in a painful struggle to find a measure of peace, reconciliation and hope. This book is General Dallaire's personal account of his conversion from a man certain of his worth and secure in his assumptions to a man conscious of his own weaknesses and failures and critical of the institutions he'd relied on. It might not sit easily with standard ideas of military leadership, but understanding what happened to General Dallaire and his mission to Rwanda is crucial to understanding the moral minefields our peacekeepers are forced to negotiate when we ask them to step into the world's dirty wars. Excerpt from *Shake Hands with the Devil* My story is not a strictly military account nor a clinical, academic study of the breakdown of Rwanda. It is not a simplistic indictment of the many failures of the UN as a force for peace in the world. It is not a story of heroes and villains, although such a work could easily be written. This book is a cri de coeur for the slaughtered thousands, a tribute to the souls hacked apart by machetes because of their supposed difference from those who sought to hang on to power. . . . This book is the account of a few humans who were entrusted with the role of helping others taste the fruits of peace. Instead, we watched as the devil took control of paradise on earth and fed on the blood of the people we were supposed to protect.

Maid Jul 10 2021 NEW YORK TIMES BESTSELLER AND INSPIRATION FOR THE NETFLIX LIMITED SERIES, HAILED BY ROLLING STONE AS "A GREAT ONE." "A single mother's personal, unflinching look at America's class divide, a description of the tightrope many families walk just to get by, and a reminder of the dignity of all work." -PRESIDENT BARACK OBAMA, Obama's Summer Reading List At 28, Stephanie Land's dreams of attending a university and becoming a writer quickly dissolved when a summer fling turned into an unplanned pregnancy. Before long, she found herself a single mother, scraping by as a housekeeper to make ends meet. *Maid* is an emotionally raw, masterful account of Stephanie's years spent in service to upper middle class America as a "nameless ghost" who quietly shared in her clients' triumphs, tragedies, and deepest secrets. Driven to carve out a better life for her family, she cleaned by day and took online classes by night, writing relentlessly as she worked toward earning a college degree. She wrote of the true stories that weren't being told: of living on food stamps and WIC coupons, of government programs that barely provided housing, of aloof government employees who shamed her for receiving what little assistance she did. Above all else, she wrote about pursuing the myth of the American Dream from the poverty line, all the while slashing through deep-rooted stigmas of the working poor. *Maid* is Stephanie's story, but it's not hers alone. It is an inspiring testament to the courage, determination, and ultimate strength of the human spirit.

Educated Nov 21 2019 THE MULTI-MILLION COPY BESTSELLER Selected as a book of the year by AMAZON, THE TIMES, SUNDAY TIMES, GUARDIAN, NEW YORK TIMES, ECONOMIST, NEW STATESMAN, VOGUE, IRISH TIMES, IRISH EXAMINER and RED MAGAZINE 'One of the best books I have ever read . . . unbelievably moving' Elizabeth Day 'An extraordinary story, beautifully told' Louise O'Neill 'A memoir to stand alongside the classics . . . compelling and joyous' Sunday Times Tara Westover grew up preparing for the end of the world. She was never put in school, never taken to the doctor. She did not even have a birth certificate until she was nine years old. At sixteen, to escape her father's radicalism and a violent older brother, Tara left home. What followed was a struggle for self-invention, a journey that gets to the heart of what an education is and what it offers: the perspective to see one's life through new eyes, and the will to change it. 'It will make your heart soar' Guardian 'Jaw-dropping and inspiring, everyone should read this book' Stylist 'Absolutely superb . . . so gripping I could hardly breathe' Sophie Hannah

Close Your Eyes, Hold Hands Jun 21 2022 A heartbreaking, wildly inventive, and moving novel narrated by a teenage runaway, from the bestselling author of *Midwives* and *The Sandcastle Girls*. *Close Your Eyes, Hold Hands* is the story of Emily Shepard, a homeless teen living in an igloo made of ice and trash bags filled with frozen leaves. Half a year earlier, a nuclear plant in Vermont's Northeast Kingdom had experienced a cataclysmic meltdown, and both of Emily's parents were killed. Devastatingly, her father was in charge of the plant, and the meltdown may have been his fault. Was he drunk when it happened? Thousands of people are forced to flee their homes in the Kingdom; rivers and forests are destroyed; and Emily feels certain that as the daughter of the most hated man in America, she is in danger. So instead of following the social workers and her classmates after the meltdown, Emily takes off on her own for Burlington, where she survives by stealing, sleeping on the floor of a drug dealer's apartment, and inventing a new identity for herself -- an identity inspired by her favorite poet, Emily Dickinson. When Emily befriends a young homeless boy named Cameron, she protects him with a ferocity she didn't know she had. But she still can't outrun her past, can't escape her grief, can't hide forever—and so she comes up with the only plan that she can. A story of loss, adventure, and the search for friendship in the wake of catastrophe, *Close Your Eyes, Hold Hands* is one of Chris Bohjalian's finest novels to date—breathtaking, wise, and utterly transporting.

Build It May 08 2021 The current way of treating people at work has failed. Globally, only 30% of employees are engaged in their jobs, and in this fast-paced world that's just not enough. The world's best companies understand this, and have been quietly treating people differently for nearly two decades. Now you can learn their secrets and discover The Engagement Bridge™ model, proven to build bottom line value for companies through sustainable employee engagement. Companies with the best cultures generate stock market returns of twice the general market and enjoy half the employee turnover of their peers. Their staff innovate more, deliver better customer service and, hands-down, beat the competition. These companies outperform and disrupt their markets. They break the rules of traditional HR, they rebel against the status quo. Build it has found these rebels and the rulebreakers. From small startups to global powerhouses, this book shows that courage, commitment, and a people-centric mindset, rather than money and resources, are what you need to turn an average business into a category leader. The book follows the clear and proven Engagement Bridge™ model, developed from working with thousands of leading companies worldwide on their own employee engagement journeys. The practical model highlights the areas that leaders need to examine in order to build a highly engaged company culture and provides a framework for success. Build it is packed with tips, tools and real-life examples from employers including NASDAQ, Unilever, IBM, KPMG, 3M, and McDonald's to help you start doing this not tomorrow, but today. Readers will learn: How employee engagement helps companies perform The key factors that drive engagement, and how they work together What the world's most rebellious companies have done to break the rules of traditional HR and improve engagement How to implement The Engagement Bridge™ model to boost productivity, innovation, and better decision-making Unique in this category, Build it is written from two sharply different perspectives. Glenn Elliott is a multi-award winning Entrepreneur of the Year, CEO and growth investor. He talks candidly about the mistakes and missteps he has made whilst building Reward Gateway into a \$300m category leader in employee engagement technology. Debra Corey brings 30 years experience in senior level HR roles at global companies such as Gap, Quintiles, Honeywell and Merlin Entertainments. She shares the practical tools and case studies that can kickstart your employee engagement plan, bringing her own pragmatic and engaging style to each situation.

Learning Java Jan 16 2022 Java is the preferred language for many of today's leading-edge technologies—everything from smartphones and game consoles to robots, massive enterprise systems, and supercomputers. If you're new to Java, the fourth edition of this bestselling guide provides an example-driven introduction to the latest language features and APIs in Java 6 and 7. Advanced Java developers will be able to take a deep dive into areas such as concurrency and JVM enhancements. You'll learn powerful new ways to manage resources and exceptions in your applications, and quickly get up to speed on Java's new concurrency utilities, and APIs for web services and XML. You'll also find an updated tutorial on how to get started with the Eclipse IDE, and a brand-new introduction to database access in Java.

Storytelling with Data Dec 15 2021 Don't simply show your data—tell a story with it! *Storytelling with Data* teaches you the fundamentals of data visualization and how to communicate effectively with data. You'll discover the power of storytelling and the way to make data a pivotal point in your story. The lessons in this illuminative text are grounded in theory, but made accessible through numerous real-world examples—ready for immediate application to your next graph or presentation. *Storytelling* is not an inherent skill, especially when it comes to data visualization, and the tools at our disposal don't make it

any easier. This book demonstrates how to go beyond conventional tools to reach the root of your data, and how to use your data to create an engaging, informative, compelling story. Specifically, you'll learn how to: Understand the importance of context and audience Determine the appropriate type of graph for your situation Recognize and eliminate the clutter clouding your information Direct your audience's attention to the most important parts of your data Think like a designer and utilize concepts of design in data visualization Leverage the power of storytelling to help your message resonate with your audience Together, the lessons in this book will help you turn your data into high impact visual stories that stick with your audience. Rid your world of ineffective graphs, one exploding 3D pie chart at a time. There is a story in your data—Storytelling with Data will give you the skills and power to tell it!

The Scribe Method Sep 19 2019 Ready to write your book? So why haven't you done it yet? If you're like most nonfiction authors, fears are holding you back. Sound familiar? Is my idea good enough? How do I structure a book? What exactly are the steps to write it? How do I stay motivated? What if I actually finish it, and it's bad? Worst of all: what if I publish it, and no one cares? How do I know if I'm even doing the right things? The truth is, writing a book can be scary and overwhelming—but it doesn't have to be. There's a way to know you're on the right path and taking the right steps. How? By using a method that's been validated with thousands of other Authors just like you. In fact, it's the same exact process used to produce dozens of big bestsellers—including David Goggins's Can't Hurt Me, Tiffany Haddish's The Last Black Unicorn, and Joey Coleman's Never Lose a Customer Again. The Scribe Method is the tested and proven process that will help you navigate the entire book-writing process from start to finish—the right way. Written by 4x New York Times Bestselling Author Tucker Max and publishing expert Zach Obront, you'll learn the step-by-step method that has helped over 1,500 authors write and publish their books. Now a Wall Street Journal Bestseller itself, The Scribe Method is specifically designed for business leaders, personal development gurus, entrepreneurs, and any expert in their field who has accumulated years of hard-won knowledge and wants to put it out into the world. Forget the rest of the books written by pretenders. This is the ultimate resource for anyone who wants to professionally write a great nonfiction book.

The Wonky Donkey Jul 18 2019 While walking down the road, the narrator sees a donkey that he shares more about as the story progresses.

Primed to Perform Aug 19 2019 The revolutionary book that teaches you how to use the cutting edge of human psychology to build high performing workplace cultures. Too often, great cultures feel like magic. While most leaders believe culture is critical to success, few know how to build one, or sustain it over time. What if you knew the science behind the magic—a science so predictive and powerful that you could transform your organization? What if you could use cutting edge psychology to unlock people's innate desire to innovate, experiment, and adapt? In *Primed to Perform*, Neel Doshi and Lindsay McGregor show you how to do just that. The result: higher sales, more loyal customers, and more passionate employees. *Primed to Perform* explains the counter-intuitive science behind great cultures, building on over a century of academic thinking. It shares the simple, highly predictive new measurement tool—the Total Motivation (ToMo) Factor—that enables you to measure the strength of your culture, and track improvements over time. It explores the authors' original research into how Total Motivation leads to higher performance in iconic companies, from Apple to Starbucks to Southwest Airlines. Most importantly, it teaches you to build great cultures, using a systematic and sustainable approach. High performing cultures can't be left to chance. Organizations must create systems that shape and maintain them. Whether you're a five-person team or a startup, a school, a nonprofit or a mega-institution, *Primed to Perform* shows you how.

Health Is in Your Hands Oct 01 2020 Nonfiction. Health, Self-Help, Physio- Philosophy. The physio-philosophy of Jin Shin Jyutsu is a traditional Japanese healing art for harmonizing life energy. In *HEALTH IS IN YOUR HANDS*, bestselling author and authorized Jin Shin Jyutsu instructor Waltraud Riegger-Krause makes Jin Shin Jyutsu conveniently accessible as a hands-on practice to anyone interested in sharing and benefiting from its therapeutic and salutary powers. Besides offering an astute, yet simply and clearly written introduction to the foundations and complexities of Jin Shin Jyutsu, *HEALTH IS IN YOUR HANDS* lays out a wide variety of treatments for a broad range of symptoms and conditions. What makes *HEALTH IS IN YOUR HANDS* truly revolutionary and indispensable, however, is its comprehensive flash-card set for immediate hands-on Jin Shin Jyutsu application, which, owing to its visual aids and multicolored arrangement, allows you to quickly learn the connections between the depths, energy locks and organ flows, and to choose the appropriate cards and practice the appropriate flows for any given symptoms. *HEALTH IS IN YOUR HANDS* is nothing less than a veritable Jin Shin Jyutsu First Aid Kit together with a thorough presentation of this healing art all in one.

The ONE Thing Mar 06 2021 • More than 500 appearances on national bestseller lists • #1 Wall Street Journal, New York Times, and USA Today • Won 12 book awards • Translated into 35 languages • Voted Top 100 Business Book of All Time on Goodreads People are using this simple, powerful concept to focus on what matters most in their personal and work lives. Companies are helping their employees be more productive with study groups, training, and coaching. Sales teams are boosting sales. Churches are conducting classes and recommending for their members. By focusing their energy on one thing at a time people are living more rewarding lives by building their careers, strengthening their finances, losing weight and getting in shape, deepening their faith, and nurturing stronger marriages and personal relationships. YOU WANT LESS. You want fewer distractions and less on your plate. The daily barrage of e-mails, texts, tweets, messages, and meetings distract you and stress you out. The simultaneous demands of work and family are taking a toll. And what's the cost? Second-rate work, missed deadlines, smaller paychecks, fewer promotions—and lots of stress. AND YOU WANT MORE. You want more productivity from your work. More income for a better lifestyle. You want more satisfaction from life, and more time for yourself, your family, and your friends. NOW YOU CAN HAVE BOTH — LESS AND MORE. In *The ONE Thing*, you'll learn to * cut through the clutter * achieve better results in less time * build momentum toward your goal* dial down the stress * overcome that overwhelmed feeling * revive your energy * stay on track * master what matters to you *The ONE Thing* delivers extraordinary results in every area of your life--work, personal, family, and spiritual. WHAT'S YOUR ONE THING?

Atomic Habits Nov 14 2021 The #1 New York Times bestseller. Over 4 million copies sold! Tiny Changes, Remarkable Results No matter your goals, *Atomic Habits* offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to: make time for new habits (even when life gets crazy); overcome a lack of motivation and willpower; design your environment to make success easier; get back on track when you fall off course; ...and much more. *Atomic Habits* will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

Clap When You Land Feb 05 2021 The stunning New York Times bestselling novel from the 2019 Carnegie Medal winning, Waterstones Book Prize shortlisted author of *THE POET X*. 2020 Goodreads Choice Award Winner of CLAP WHEN YOU LAND. Camino Rios lives for the summers when her father visits her in the Dominican Republic. But this time, on the day when his plane is supposed to land, Camino arrives at the airport to see crowds of crying people... In New York City, Yahaira Rios is called to the principal's office, where her mother is waiting to tell her that her father, her hero, has died in a plane crash. Separated by distance - and Papi's secrets - the two girls are forced to face a new reality in which their father is dead and their lives are forever altered. And then, when it seems like they've lost everything of their father, they learn of each other. In a dual narrative novel in verse that brims with both grief and love, award-winning and bestselling author Elizabeth Acevedo writes about the devastation of loss, the difficulty of forgiveness, and the bittersweet bonds that shape our lives.

The Distant Hours Jun 16 2019 Edie Burchill visits Milderhurst Castle where her mother stayed during World War II, discovering the three elderly sisters of the castle still alive but haunted by the secrets of their past life with their father, a famous children's author.

Kiss, Bow, Or Shake Hands Oct 25 2022 Presents information on the practices needed to do business in over sixty countries, covering such topics as historical background, cultural orientation, protocol, negotiations, entertainment, dress, and forms of address.

Hands Free Mama Oct 21 2019 "Rachel Macy Stafford's post "The Day I Stopped Saying Hurry Up" was a true phenomenon on The Huffington Post, igniting countless conversations online and off about freeing ourselves from the vicious cycle of keeping up with our overstuffed agendas. *Hands Free Mama* has the power to keep that conversation going and remind us that we must not let our lives pass us by." --Arianna Huffington, Chair, President, and Editor-in-Chief of the Huffington Post Media Group, nationally syndicated columnist, and author of thirteen books <http://www.huffingtonpost.com/> DISCOVER THE POWER, JOY, AND LOVE of Living "Hands Free" If technology is the new addiction, then multi-tasking is the new marching order. We check our email while cooking dinner, send a text while bathing the kids, and spend more time looking into electronic screens than into the eyes of our loved ones. With our never-ending to-do lists and jam-packed schedules, it's no wonder we're distracted. But this isn't the way it has to be. In July 2010, special education teacher and mother Rachel Macy Stafford decided enough was enough. Tired of losing track of what matters most in life, Rachel began practicing simple strategies that enabled her to momentarily let go of largely meaningless distractions and engage in meaningful soul-to-soul connections. She started a blog to chronicle her endeavors and soon saw how both external and internal distractions had been sabotaging her happiness and preventing her from bonding with the people she loves most. *Hands Free Mama* is the digital society's answer to finding balance in a media-saturated, perfection-obsessed world. It doesn't mean giving up all technology forever. It doesn't mean forgoing our jobs and responsibilities. What it does mean is seizing the little moments that life offers us to engage in real and meaningful interaction. It means looking our loved ones in the eye and giving them the gift of our undivided attention, leaving the laundry till later to dance with our kids in the rain, and living a present, authentic, and intentional life despite a world full of distractions. So join Rachel and go hands-free. Discover what happens when you choose to open your heart—and your hands—to the possibilities of each God-given moment.

The Swerve Feb 23 2020 WINNER OF THE PULITZER PRIZE FOR NON-FICTION 2012 Almost six hundred years ago, a short, genial man took a very old manuscript off a library shelf. With excitement, he saw what he had discovered and ordered it copied. The book was a miraculously surviving copy of an ancient Roman philosophical epic, *On the Nature of Things* by Lucretius and it changed the course of history. He found a beautiful poem of the most dangerous ideas – that the universe functioned without the aid of gods, that religious fear was damaging to human life, and that matter was made up of very small particles in eternal motion. These ideas fuelled the Renaissance, inspiring Botticelli, shaping the thoughts of Montaigne, Darwin and Einstein. An innovative work of history by one of the world's most celebrated scholars and a thrilling story of discovery, *The Swerve* details how one manuscript, plucked from a thousand years of neglect, made possible the world as we know it. Winner of the 2011 National Book Award for Nonfiction

Tai Chi Push Hands Dec 03 2020 Push Hands is the "other" part of tai chi that makes your practice a true living art Tai chi push hands practice is a necessary next step for tai chi practitioners who wish to make their art come alive. Push hands practice requires two people to engage in a variety of "light touch" moving and walking routines. By practicing these movements, practitioners begin to develop tai chi's sensing, listening, and yielding skills. Combined, these skills are the first step for developing your tai chi as a martial art. The Dao De Jing classic reminds us that knowing others (an opponent) is important for knowing ourselves. By develop tai chi push hand skills, one begins to obtain a profound sense of feeling of your own body and mind. This ability aids greatly in regulating and controlling body, balance, health, perseverance, compassion, and overall spirit. It is no mistake that tai chi offers a lifetime of continued learning and progress; the goal is a deep understanding of yourself and your role in nature. In this book, you will learn The theory of tai chi pushing hands Tai chi qigong foundation practice Tai chi jing (power) practice Two-person stationary push hands practice Two-person moving push hands practice Tai chi rollback and press push hands practice International standard push hands routine Two-person free style push hands Martial art applications in tai chi push hands practice Dr. Yang reminds us "tai chi chuan was created based on the martial applications which were used for self-defense. Every movement of tai chi chuan has its unique martial purpose. Without this martial root, tai chi chuan practice will limited to a dance, lacking a deeper meaning or a deeper feeling." This book is complemented by two companion videos sold separately. Tai Chi Pushing Hands 1 - Yang Style Single and Double Pushing Hands Tai Chi Pushing Hands 2 - Yang Style Single and Double Pushing Hands Available wherever DVD and Streaming videos are sold.

Kiss Bow Or Shake Hands Sep 24 2022 Provides overviews of sixty cultures, and describes behavior, negotiating techniques, and business practices in each country

Learning Java Jan 04 2021 If you're new to Java—or new to programming—this best-selling book will guide you through the language features and APIs of Java 11. With fun, compelling, and realistic examples, authors Marc Loy, Patrick Niemeyer, and Daniel Leuck introduce you to Java fundamentals—including its class libraries, programming techniques, and idioms—with an eye toward building real applications. You'll learn powerful new ways to manage resources and exceptions in your applications—along with core language features included in recent Java versions. Develop with Java, using the compiler, interpreter, and other tools Explore Java's built-in thread facilities and concurrency package Learn text processing and the powerful regular expressions API Write advanced networked or web-based applications and services

The Plot Dec 23 2019 ** NEW YORK TIMES BESTSELLER! ** The Tonight Show Summer Reads Winner ** A New York Times Notable Book of 2021 ** "Insanely readable." —Stephen King Hailed as "breathhtakingly suspenseful," Jean Hanff Korelitz's *The Plot* is a propulsive read about a story too good not to steal, and the writer who steals it. Jacob Finch Bonner was once a promising young novelist with a respectably published first book. Today, he's teaching in a third-rate MFA program and struggling to maintain what's left of his self-respect; he hasn't written—let alone published—anything decent in years. When Evan Parker, his most arrogant student, announces he doesn't need Jake's help because the plot of his book in progress is a sure thing, Jake is prepared to dismiss the boast as typical amateur narcissism. But then . . . he hears the plot. Jake returns to the downward trajectory of his own career and braces himself for the supernova publication of Evan Parker's first novel: but it never comes. When he discovers that his former student has died, presumably without ever completing his book, Jake does what any self-respecting writer would do with a story like that—a story that absolutely needs to be told. In a few short years, all of Evan Parker's predictions have come true, but Jake is the author enjoying the wave. He is wealthy, famous, praised and read all over the world. But at the height of his glorious new life, an e-mail arrives, the first salvo in a terrifying, anonymous campaign: You are a thief, it says. As Jake struggles to understand his antagonist and hide the truth from his readers and his publishers, he begins to learn more about his late student, and what he discovers both amazes and terrifies him. Who was Evan Parker, and how did he get the idea for his "sure thing" of a novel? What is the real story behind the plot, and who stole it from whom?

Three Hands In The Fountain Oct 13 2021 Another engrossing historical mystery bringing Ancient Rome to life in all its gruesome glory from the pen of multimillion-copy bestselling author Lindsey Davis. Fans of S. J. Parris, Donna Leon, Steven Saylor and C. J. Sansom will not be disappointed...

_____ 'Uniquely entertaining' - Time Out 'Bizarre, funny and satisfying!' - Irish Times 'As always, Davis wears her research lightly, bringing Ancient Rome to vivid life in a series of delicious vignettes' - Val McDermid 'Exciting and gripping' - ***** Reader review 'I love this book. What an amazing author and what an amazing series!!' - ***** Reader review 'Another excellent Falco book that is impossible to put down' - ***** Reader review 'Well written, humourous, interesting and a great read!' - ***** Reader review _____ A SERIAL KILLER STALKS THE GAMES 'The fountain was not working. Nothing unusual in that...' Marcus Didius Falco and his laddish friend Petronius find their local fountain has been blocked - by a gruesomely severed human hand. Soon other body parts are being found in the aqueducts and sewers. Public panic overcomes official indifference, and the Aventine partners are commissioned to investigate. Women are being abducted during festivals, with the next Games only days away. As the heat rises in the Circus Maximus, they face a race against time and a strong test of their friendship. They know the sadistic killer lurks somewhere on the festive streets of Rome - preparing to strike again...

Her Mother's Hands Apr 19 2022 Have you ever had the feeling of not truly knowing your nearest and dearest? The precarious balance in the life of Nerea, a thirty-something journalist, breaks down when her mother, Luisa, is hospitalised with total amnesia. Nerea, who feels guilty for not having recognised the symptoms that afflicted her mother, now finds a person almost unknown to her. Luisa is haunted by memories of a romance from her youth and soon Nerea begins to discover that the two women share much more than they believe. Her Mother's Hands is an examination of the deepest human bonds and a beautiful and moving tribute to life. Amaren eskuak is Jaió's debut novel, and remains one of the bestselling books in the Basque literary scene in recent years. The novel has been adapted for the big screen, filmed by Mireia Gabilondo, and presented at the Donostia Zinemaldia, the San Sebastián International Film Festival.

Lifespan Nov 02 2020 A NEW YORK TIMES BESTSELLER “Brilliant and enthralling.”? —The Wall Street Journal A paradigm-shifting book from an acclaimed Harvard Medical School scientist and one of Time’s most influential people. It’s a seemingly undeniable truth that aging is inevitable. But what if everything we’ve been taught to believe about aging is wrong? What if we could choose our lifespan? In this groundbreaking book, Dr. David Sinclair, leading world authority on genetics and longevity, reveals a bold new theory for why we age. As he writes: “Aging is a disease, and that disease is treatable.” This eye-opening and provocative work takes us to the frontlines of research that is pushing the boundaries on our perceived scientific limitations, revealing incredible breakthroughs—many from Dr. David Sinclair’s own lab at Harvard—that demonstrate how we can slow down, or even reverse, aging. The key is activating newly discovered vitality genes, the descendants of an ancient genetic survival circuit that is both the cause of aging and the key to reversing it. Recent experiments in genetic reprogramming suggest that in the near future we may not just be able to feel younger, but actually become younger. Through a page-turning narrative, Dr. Sinclair invites you into the process of scientific discovery and reveals the emerging technologies and simple lifestyle changes—such as intermittent fasting, cold exposure, exercising with the right intensity, and eating less meat—that have been shown to help us live younger and healthier for longer. At once a roadmap for taking charge of our own health destiny and a bold new vision for the future of humankind, Lifespan will forever change the way we think about why we age and what we can do about it.

Grip: The art of working smart (and getting to what matters most) Aug 23 2022 ‘If you feel like a hostage of your to-do list, and struggle to find time for what matters most, this book will be a big help.’ DANIEL H. PINK,#1 New York Times bestselling author of When and Drive

Think Again Feb 17 2022 Instant #1 New York Times Bestseller Listed as a Times Self-Help Book of the Year Discover the critical art of rethinking: how questioning your opinions can position you for excellence at work and wisdom in life Intelligence is usually seen as the ability to think and learn, but in a rapidly changing world, the most crucial skill may be the ability to rethink and unlearn. Recent global and political changes have forced many of us to re-evaluate our opinions and decisions. Yet we often still favour the comfort of conviction over the discomfort of doubt, and prefer opinions that make us feel good, instead of ideas that make us think hard. Intelligence is no cure, and can even be a curse. The brighter we are, the blinder we can become to our own limitations. Adam Grant - Wharton's top-rated professor and #1 bestselling author - offers bold ideas and rigorous evidence to show how we can embrace the joy of being wrong, encourage others to rethink topics as wide-ranging as abortion and climate change, and build schools, workplaces, and communities of lifelong learners. You'll learn how an international debate champion wins arguments, a Black musician persuades white supremacists to abandon hate, and how a vaccine whisperer convinces anti-vaxxers to immunize their children. Think Again is an invitation to let go of stale opinions and prize mental flexibility, humility, and curiosity over foolish consistency. If knowledge is power, knowing what you don't know is wisdom.

My Grandmother's Hands Jul 22 2022 THE NEW YORK TIMES BESTSELLER 'Insightful, thought-provoking and profound. I can't recommend highly enough' Sunny Singh 'A revolutionary work of beauty, brilliance, compassion and ultimately, hope' Robin DiAngelo The consequences of racism can be found in our bodies - in skin and sinew, in bone and blood. In this ground-breaking, inspiring work, therapist Resmaa Menakem examines the damage, the physical consequences of discrimination, from the perspective of body-centred psychology. He argues that until we learn to heal and overcome the generational anguish of white supremacy, we will all continue to bear its scars. My Grandmother's Hands is an extraordinary call to action for all of us to recognize that racism affects not only the mind, but also the body, and introduces an alternative view of what we can do to grow beyond our racial divides.

Pay Up Jun 28 2020 INSTANT NATIONAL BESTSELLER The founder of Girls Who Code and bestselling author of Brave, Not Perfect confronts the “big lie” of corporate feminism and presents a bold plan to address the burnout and inequity harming America’s working women today. We told women that to break glass ceilings and succeed in their careers, all they needed to do is dream big, raise their hands, and lean in. But data tells a different story. Historic numbers of women left their jobs in 2021, resulting in their lowest workforce participation since 1988. Women’s unemployment rose to nearly fifteen percent, and globally women lost over \$800 billion in wages. Fifty-one percent of women say that their mental health has declined, while anxiety and depression rates have skyrocketed. In this urgent and rousing call to arms, Reshma Saujani dismantles the myth of “having it all” and lifts the burden we place on individual women to be primary caregivers, and to work around a system built for and by men. The time has come, she argues, for innovative corporate leadership, government intervention, and sweeping culture shift; it’s time to Pay Up. Through powerful data and personal narrative, Saujani shows that the cost of inaction—for families, for our nation’s economy, and for women themselves—is too great to ignore. She lays out four key steps for creating lasting change: empower working women, educate corporate leaders, revise our narratives about what it means to be successful, and advocate for policy reform. Both a direct call to action for business leaders and a pragmatic set of tools for women themselves, Pay Up offers a bold vision for change as America defines the future of work.

Where the Crawdads Sing Aug 11 2021 OVER 12 MILLION COPIES SOLD WORLDWIDE SOON TO BE A MAJOR MOTION PICTURE A NUMBER ONE NEW YORK TIMES BESTSELLER 'Painfully beautiful' New York Times 'Unforgettable . . . as engrossing as it is moving' Daily Mail 'A rare achievement' The Times 'I can't even express how much I love this book!' Reese Witherspoon ----- For years, rumours of the 'Marsh Girl' have haunted Barkley Cove, a quiet town on the North Carolina coast. So in late 1969, when handsome Chase Andrews is found dead, the locals immediately suspect Kya Clark, the so-called Marsh Girl. But Kya is not what they say. Sensitive and intelligent, she has survived for years alone in the marsh that she calls home, finding friends in the gulls and lessons in the sand. Then the time comes when she yearns to be touched and loved. When two young men from town become intrigued by her wild beauty, Kya opens herself to a new life - until the unthinkable happens. ----- '[It] will reach a huge audience though the writer's old-fashioned talents for compelling character, plotting and landscape description' Guardian 'For sheer escapism pick up Where the Crawdads Sing . . . there is writing that takes your breath away' The Times 'All is not as it seems in this heartbreaking coming-of-age bestseller' i newspaper

Bad Blood Apr 07 2021 NATIONAL BESTSELLER • The gripping story of Elizabeth Holmes and Theranos—one of the biggest corporate frauds in history—a tale of ambition and hubris set amid the bold promises of Silicon Valley, rigorously reported by the prize-winning journalist. With a new Afterword. “Chilling ... Reads like a thriller ... Carreyrou tells [the Theranos story] virtually to perfection.” —The New York Times Book Review In 2014, Theranos founder and CEO Elizabeth Holmes was widely seen as the next Steve Jobs: a brilliant Stanford dropout whose startup “unicorn” promised to revolutionize the medical industry with its breakthrough device, which performed the whole range of laboratory tests from a single drop of blood. Backed by investors such as Larry Ellison and Tim Draper, Theranos sold shares in a fundraising round that valued the company at more than \$9 billion, putting Holmes’s worth at an estimated \$4.5 billion. There was just one problem: The technology didn’t work. Erroneous results put patients in danger, leading to misdiagnoses and unnecessary treatments. All the while, Holmes and her partner, Sunny Balwani, worked to silence anyone who voiced misgivings—from journalists to their own employees.

Kiss, Bow, Or Shake Hands Jan 24 2020 Every successful lawyer requires the knowledge and complex skills to communicate effectively with fellow citizens from a wide variety of ethnicities and belief systems. Understanding how an individual's culture can influence a case or a negotiation is not only a valuable skill but also an imperative. Kiss, Bow, or Shake Hands will help lawyers develop the tangible intercultural skills that will support a successful legal practice.

The Year We Learned to Fly Aug 31 2020 Jacqueline Woodson and Rafael López's highly anticipated companion to their #1 New York Times bestseller *The Day You Begin* illuminates the power in each of us to face challenges with confidence. On a dreary, stuck-inside kind of day, a brother and sister heed their grandmother’s advice: “Use those beautiful and brilliant minds of yours. Lift your arms, close your eyes, take a deep breath, and believe in a thing. Somebody somewhere at some point was just as bored you are now.” And before they know it, their imaginations lift them up and out of their boredom. Then, on a day full of quarrels, it’s time for a trip outside their minds again, and they are able to leave their anger behind. This precious skill, their grandmother tells them, harkens back to the days long before they were born, when their ancestors showed the world the strength and resilience of their beautiful and brilliant minds. Jacqueline Woodson’s lyrical text and Rafael Lopez’s dazzling art celebrate the extraordinary ability to lift ourselves up and imagine a better world.

Indecent Proposal Apr 26 2020 Reviewers have called it "powerful" and "brilliant." Newly released for its 25th anniversary edition, Jack Engelhard's novel "Indecent Proposal" has found its place alongside such classics as Fitzgerald's "The Great Gatsby" and Tolstoy's "Anna Karenina." "Indecent Proposal" remains one of the most widely-read and discussed novels around the world, due to the strong writing and riches that include a moral dilemma for the ages. The novel was translated into more than 22 languages, and Hollywood produced a mega-hit movie based on this book starring Robert Redford and Demi Moore. The novel stands as a remarkable achievement from a great and legendary novelist. Though Hollywood only skimmed the surface of Engelhard's masterpiece, the theme is eternal, even biblical - temptation The plot has riveted the world's readers and moviegoers. A destitute couple tries their luck in an Atlantic City casino. The wife, Joan, is utterly gorgeous. She attracts the attention of an oil rich sultan who can buy anything he sets his eyes on. Can he buy people? Can he "buy" Joan? What would you do for a million dollars? Reviews "Precise, almost clinical language...is this book fun to read? You betcha" "- The New York Times" "The prose is vivid, cool and muscular, the story is great. In all, the fine tension between desire and high moral principal make "Indecent Proposal" a well-crafted book...well-wrought characters, exhilarating pace...it's beautifully written." "- The Philadelphia Inquirer" "A gut-wrenching study on love, money and trust." "- National Public Radio (NPR)" "Written with the sparseness of Hemingway but the moral intensity of I.B. Singer." - Michael Foster, author of "Three in Love" (HarperCollins) About the Author Contemporaries have hailed novelist Jack Engelhard as "the last Hemingway" and of being "a writer without peer and the conscience of us all." "The New York Times" commended the economy of his prose... "precise, almost clinical language." His bestselling novel "Indecent Proposal" made him internationally famous as the foremost chronicler of moral dilemmas and of topics dealing with temptation. Works that followed won him an even greater following, such as "Escape From Mount Moriah," his book of memoirs that won awards for writing and for film. His latest novel "Compulsive" draws us into the mind of a compulsive gambler in a work stunningly brilliant and original, and seductively readable. Engelhard writes a weekly column for "The Washington Times." His website: www.jackengelhard.com

New from Here Mar 26 2020 An instant #1 New York Times bestseller! This “timely and compelling” (Kirkus Reviews) middle grade novel about courage, hope, and resilience follows an Asian American boy fighting to keep his family together and stand up to racism during the initial outbreak of the coronavirus. When the coronavirus hits Hong Kong, ten-year-old Knox Wei-Evans’s mom makes the last-minute decision to move him and his siblings back to California, where they think they will be safe. Suddenly, Knox has two days to prepare for an international move—and for leaving his dad, who has to stay for work. At his new school in California, Knox struggles with being the new kid. His classmates think that because he’s from Asia, he must have brought over the virus. At home, Mom just got fired and is panicking over the loss of health insurance, and Dad doesn’t even know when he’ll see them again, since the flights have been cancelled. And everyone struggles with Knox’s blurting-things-out problem. As racism skyrockets during COVID-19, Knox tries to stand up to hate, while finding his place in his new country. Can you belong if you’re feared; can you protect if you’re new? And how do you keep a family together when you’re oceans apart? Sometimes when the world is spinning out of control, the best way to get through it is to embrace our own lovable uniqueness.

The Skin We're In Jun 09 2021 NATIONAL BESTSELLER WINNER OF THE 2020 TORONTO BOOK AWARD A bracing, provocative, and perspective-shifting book from one of Canada's most celebrated and uncompromising writers, Desmond Cole. *The Skin We're In* will spark a national conversation, influence policy, and inspire activists. In his 2015 cover story for *Toronto Life* magazine, Desmond Cole exposed the racist actions of the Toronto police force, detailing the dozens of times he had been stopped and interrogated under the controversial practice of carding. The story quickly came to national prominence, shaking the country to its core and catapulting its author into the public sphere. Cole used his newfound profile to draw insistent, unyielding attention to the injustices faced by Black Canadians on a daily basis. Both Cole’s activism and journalism find vibrant expression in his first book, *The Skin We’re In*. Puncturing the bubble of Canadian smugness and naive assumptions of a post-racial nation, Cole chronicles just one year—2017—in the struggle against racism in this country. It was a year that saw calls for tighter borders when Black refugees braved frigid temperatures to cross into Manitoba from the States, Indigenous land and water protectors resisting the celebration of Canada’s 150th birthday, police across the country rallying around an officer accused of murder, and more. The year also witnessed the profound personal and professional ramifications of Desmond Cole’s unwavering determination to combat injustice. In April, Cole disrupted a Toronto police board meeting by calling for the destruction of all data collected through carding. Following the protest, Cole, a columnist with the *Toronto Star*, was summoned to a meeting with the paper’s opinions editor and informed that his activism violated company policy. Rather than limit his efforts defending Black lives, Cole chose to sever his relationship with the publication. Then in July, at another police board meeting, Cole challenged the board to respond to accusations of a police cover-up in the brutal beating of Dafonte Miller by an off-duty police officer and his brother. When Cole refused to leave the meeting until the question was publicly addressed, he was arrested. The image of Cole walking out of the meeting, handcuffed and flanked by officers, fortified the distrust between the city’s Black community and its police force. Month-by-month, Cole creates a comprehensive picture of entrenched, systemic inequality. Urgent, controversial, and unsparingly honest, *The Skin We’re In* is destined to become a vital text for anti-racist and social justice movements in Canada, as well as a potent antidote to the all-too-present complacency of many white Canadians.

