

Energetic Boundaries How To Stay Protected And Connected In Work Love Life Cyndi Dale

Stay Safe Protect Yourself! Let's Stay Safe! Be Careful and Stay Safe How to Stay Safe When Entering the Healthcare System How to Stay Safe Online Helping Vulnerable Children and Adolescents to Stay Safe How to Stay Safe on Social Media Safe: How to stay safe in a dangerous world Learning How to Stay Safe at School Coronavirus Outbreak: How to Stay Safe and What They Do Not Want You to Know About COVID-19? How Do Animals Stay Safe? Stay Safe How We Got Cyber Smart Introduction to cyber security: stay safe online Think ACT Stay Safe with the R.E.A.C.T. Approach to Self Defence The Origin of the Virus This Is How We Stay Safe Stay Safe! How Do Dinosaurs Stay Safe? 100 Top Tips - Stay Safe Online and Protect Your Privacy How to Stay Safe at Home and On-line What Is Coronavirus? Stay Safe How to Stay Safe at Home and On-line I Can be Safe Energetic Boundaries Stay Safe, Play Safe How Do I Stay Safe from Online Predators? Kidpower Youth Social Stories Book 2 Prevention And Control Of Covid-19 Internet Surveillance and How to Protect Your Privacy The Pandemic Playbook Stay Safe Be Smart Stay Safe Stay Home, Stay Safe, Stay Weird (a monologue play) Protecting Your Privacy Online Acorn Always Be Safe 1170 Veritable Words to Manage Relationships, Stay Safe and Healthy, Handle Stress, and Have the Best Years of Your Life

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Kidpower Youth Social Stories Book 2 Apr 28 2020

How Do I Stay Safe from Online Predators? May 30 2020 The Internet is great for entertainment, information, and keeping in touch with people who are far away. But it can also connect you to predators who could take advantage of you, or worse! This book teaches you how to stay safe from online predators.

Coronavirus Outbreak: How to Stay Safe and What They Do Not Want You to Know About COVID-19? Dec 17 2021 The world is at panic! The economy is going down the spiral. Borders are closed. People are going into quarantine. The world is at a state of emergency. Everyone talks about the Coronavirus and its complications. Be informed, not scared. This book is designed to give you as much as information as possible from doctors and experts to help you learn the truth about COVID-19 and beyond. How to protect yourself from the Coronavirus? What the Government does not tell you? Is there a real danger to your health and your loved ones or it's just a typical flu? You'll find all those questions answered here and more. As of December 2019, the new Coronavirus emerged out of the blue, COVID-19, in China and the humanity was not prepared for it. It's spreading at a rapid speed. Is there an actual cure or treatment for this at the moment? In this book, you'll learn more about the Coronavirus and its complications. Where the virus contamination is going and what that means to you and the world as a whole? Be prepared! Grab your copy now!

Protecting Your Privacy Online Sep 21 2019 Kids are naturally trusting, and the nature of the Internet and social networks today is to share information about yourself at the drop of a hat. This helpful volume will teach kids to be mindful of what they do with their personal information, including how they share their photos and set their privacy settings on social networks. It focuses not only data tied to your identity, but also how to keep your system safe from Phishing schemes, spyware, and malicious attacks. A thoughtful discussion on the importance of a strong password and tips for being safe online are included.

Energetic Boundaries Aug 01 2020 Just as our physical body is protected by our skin, our psyche

and spirit have “energetic boundaries” that keep out harmful influences. These boundaries, invisible to the naked eye, are more than just defenses—according to Cyndi Dale, these “spiritual borders” are our soul’s way of communicating to the universe what we do and don’t want to experience in life. With *Energetic Boundaries*, this renowned intuitive and energy-medicine expert presents a definitive guide for maintaining this essential aspect of our health and personal integrity, including: Our four energetic boundaries—techniques to enhance the health of your physical, emotional, relational, and spiritual borders Self-diagnosis instructions for determining where your boundaries are weakest—and practical ways you can strengthen them How to signal the world that you are ready for success and prosperity Special guidance for healers, sensitives, and people whose work regularly exposes them to strong emotional forces How healthy boundaries allow us to balance intimacy and personal autonomy in relationships and parenting “Strong and flexible energetic boundaries allow us to share who we truly are with the world,” teaches Cyndi Dale. Filled with insights, practical guidance, and easy-to-learn techniques, *Energetic Boundaries* is an indispensable tool for staying protected and connected in every aspect of life—in our relationships, career, and on our spiritual journey. “Energetic Boundaries is must-reading for everyone who wants to get and stay healthy. Understanding the role of boundaries and applying them is how one creates health at the most basic level.” —Christiane Northrup, MD, OB/GYN physician and author of the New York Times bestsellers *Women's Bodies*, *Women's Wisdom* and *The Wisdom of Menopause*

What Is Coronavirus? Dec 05 2020 A scientific foundation on coronavirus and the COVID-19 pandemic with accurate, factual, and relevant information The COVID-19 pandemic can be scary and hard to understand for both young readers and adults! This science-based book explains virus and coronavirus basics, SARS-CoV-2 and the disease it causes, how SARS-CoV-2 affects the body, what scientists are doing about SARS-CoV-2 and COVID-19, and the steps to keep people safe and curb the spread. Readers also learn about past pandemics and how they ended, offering an optimistic outlook for the future. In these pages, readers explore questions like: - What are viruses? - How do viruses change? - Where did SARS-CoV-2 come from? - How does SARS-CoV-2 infect the cells? - What happens when a person develops COVID-19? - What are scientists doing to help? - How can people stay safe? Written in plain-language, answers to these questions provide readers with context for a complicated issue. For parents and students looking for straight answers to tough questions and a tool to sort fact from fiction, *What Is Coronavirus?* decodes the mystery—and dispels the fear—surrounding SARS-CoV-2 and COVID-19.

The Origin of the Virus Jun 11 2021 Ground-breaking, evidence-based book asks how many lives were lost because of China's negligence about lab-leaked SARS-CoV-2. In a disturbing reconstruction of events by two of the most reputable scientists in the world, a new book reveals for the first time how Chinese authorities and elite Wuhan scientists knew about SARS-CoV-2's menacing biological features from the start but remain silent to this day. In *The Origin of the Virus* (Clinical Press) Dr Steven Quay and Prof Angus Dalgleish, working with Italian reporter Paolo Barnard, show how China engaged in lies, omissions and obfuscations to cover up the laboratory origin of the virus. Had they immediately alerted the international community and policymakers of the extremely pathogenic molecular machinery present in SARS-CoV-2's genome, very large numbers of lives may have been spared, argue Quay, Dalgleish and Barnard. The authors provide a shocking account of the extreme experiments that led to the outbreak of the worst pandemic since the 1918 Spanish influenza. They broaden the censure to explain why some American and British scientists thwarted a proper investigation of the origin of COVID-19. Despite its impeccable scientific grounding the book is both a readable and gripping account that, for the first time, allows the public to partake in what lies at the heart of the many scandals surrounding the birth of the most deadly virus in modern times.

Stay Safe, Play Safe Jun 30 2020 Provides safety tips for a variety of outdoor and indoor activities.

100 Top Tips - Stay Safe Online and Protect Your Privacy Feb 07 2021 One of the biggest issues for all users in the online world is security and privacy. Whether it is browsing the web, using email or communicating via social media, people are increasingly aware of the threats that are ever-present in the online world. However, recognizing these threats is the first step to preventing them, and a good understanding of online security and privacy issues is essential to keep safe from a variety of online threats. *100 Top Tips - Stay Safe Online and Protect Your Privacy* contains tips covering all aspects of staying as safe as possible in the online world. These include: · Detailing the types of threats that are out there · Ensuring that passwords for all of your devices are as secure as possible · Identifying and avoiding common online scams and cons · Staying protected when using websites · Dealing with threats that can be contained within emails · Looking at general social media security threats · Understanding security issues related specifically to Facebook · Protecting yourself against identity theft · Keeping your money safe when using online banking · Using

security options to keep children safe in the online world With 100 Top Tips - Stay Safe Online and Protect Your Privacy at your side, you will be one step closer to protecting yourself from the ongoing threats in the online world.

Stay Safe Oct 15 2021 The book covers a period in time when the author was in law enforcement. It tells of his time on the streets and what he encountered from day to day: the deaths, shootings, stabbings, robberies, and police corruption. The book describes the effects all of this had on the author's personal and professional life. The book is very graphic as to the way it describes the incidents throughout. The names have been changed as to not identify and persons living or deceased.

The Pandemic Playbook Jan 26 2020 A must-read for every child and parent! There is so much unfolding in our world today surrounding the coronavirus pandemic, and it can be very confusing, even for adults. What is a pandemic? Why do we wear masks? And why do we get shots at the doctor? Who came up with these ideas? This guide walks step by step, explaining pandemics' history, the science behind them, and explores strategies for staying safe during these turbulent times. Approved by doctors and scientists for accuracy, this is the information your child deserves to know to understand what is happening in our world today.

1170 Veritable Words to Manage Relationships, Stay Safe and Healthy, Handle Stress, and Have the Best Years of Your Life Jun 18 2019 The Miracle! In this book Nicholas presents you a practical, unique, subliminal, very simple, detailed method of how to Manage Relationships, Stay Safe and Healthy, Handle Stress, and Have the Best Years of Your Life. You will feel the effects immediately and the results will appear very quickly! So it was in my case. You will not achieve fulfillment and happiness until YOU become the architect of your own reality. Imagine that with a few moments each day, you could begin the powerful transformation toward complete control of your own life and well being through this unique, subliminal method combined with positive affirmations. The order of words is extremely important for every book written by Nicholas. These are arranged to be traversed in a certain way so as to eliminate certain blockages in the human being, blockages that are bringing disease or failure on various plans. You don't need a big chunk of your time or expensive programs. Everything is extremely simple! Health, money, prosperity, abundance, safety, stability, sociability, charisma, sexual vitality, erotic attraction, will, optimism, perseverance, self-confidence, tenacity, courage, love, loving relationships, self-control, self-esteem, enthusiasm, refinement, intuition, detachment, intelligence, mental calm, power of concentration, exceptional memory, aspiration, transcendence, wisdom, compassion. You have the ability to unlock your full inner-potential and achieve your ultimate goals. This is the age-old secret of the financial elite, world class scholars, and Olympic champions. For example, when you watch the Olympics, you'll find one consistency in all of the champions. Each one closes their eyes for a moment and clearly affirms & visualizes themselves completing the event flawlessly just before starting. Then they win gold medals and become champions. That's merely one example of how the real power of mind can elevate you above any of life's challenges. By reading this book, you will feel totally that life deserves to be lived and enjoyed every moment and that everything that you propose for yourself becomes easy for you to fulfill. Nicholas will guide you to touch your longed-for dream and will make you see life from a new perspective, full of freshness and success. This book helps you step by step, in a natural way, in just 3 minutes a day, to change your misguided way of thinking and to Manage Relationships, Stay Safe and Healthy, Handle Stress, and Have the Best Years of Your Life. (NOTE: For good, Nicholas keep the price of the book as lower as he can, even if it is a hard work behind this project. A significant portion of the earnings from the sale of the book are used for these purposes: for charity, volunteer projects, nature restoration, and other inspired ideas to do good where it is needed. If you can not afford to buy the book please contact Nicholas and he will give you a free copy.) You, also have a bonus in the pages of the book that makes you live your success by doing a seemingly trivial thing. You will feel the difference. Yes. The Miracle is possible! Get Your Copy Now!

How to Stay Safe on Social Media Mar 20 2022 Do you feel your child isn't using social media correctly? Social media is a powerful platform that can either make the world better-or more dangerous. When a person doesn't know how to use social media the right way, they can break relationships, disseminate false information, or even tarnish their own reputation. As a parent, the last thing you want is for your child to be using social media in a way that can hurt them. But parents can hardly help their children if they themselves remain oblivious to the repercussions of their behavior on social media. Teach your child to use social media safely with the Social Media Book! Sometimes, kids (and even parents!) can get carried away with sharing their happy experiences online. They forget that their content is visible for everyone to see, possibly in perpetuity. This book teaches both children and adults the things that are safe and unsafe to post. The Social Media Book is written to help families learn why certain seemingly innocent content

shouldn't be posted on social media. It also teaches readers how to protect themselves when their posts attract lurkers. This informative book for all ages is written by Effie Manolas, an author who loves everything health-related. She gets her writing influence from her personal experiences as well as her passion for helping other people. This book is perfect for: - Kids or teens who are new to using social media - Parents who need help talking to their Internet-savvy kids about safety - Individuals who want to improve their online privacy Learn how to keep yourself safer in today's digital age. Add the Social Media Book to your cart TODAY!

Stay Safe Oct 27 2022 Former FBI Hostage Rescue Team (HRT) Operator & Special Agent provides you the Tactics, Techniques & Procedures to survive in today's dangerous world.

Learning How to Stay Safe at School Jan 18 2022 Discusses various ways to stay safe at school, including getting to school safely, avoiding trouble, dealing with peer pressure, doing the right thing, and asking for help.

Stay Safe Nov 04 2020 The book covers a period in time when the author was in law enforcement. It tells of his time on the streets and what he encountered from day to day: the deaths, shootings, stabbings, robberies, and police corruption. The book describes the effects all of this had on the author's personal and professional life. The book is very graphic as to the way it describes the incidents throughout. The names have been changed as to not identify and persons living or deceased.

Think ACT Stay Safe with the R.E.A.C.T. Approach to Self Defence Jul 12 2021 As the newspapers and television constantly remind us, violent crime is on the increase, violence that can strike at you anywhere and at any time - on holiday, at work, on nights' out or during any one of a thousand everyday situations. But even if you are confronted by the unthinkable, you don't have to become a victim. This important new book shows you how you can protect yourself regardless of your age, sex or level of fitness by using the simple but effective REACT formula: R: Recognise E: Evaluate A: Alternatives C: Concentrate T: Terminate Using clear and concise step-by-step instructions, reinforced with many illustrations and diagrams, each of these five basic principles is expanded and explained in such a way that they quickly become 'second nature'. Following this sequence in any circumstance will allow you to recognise potential threats, decide on the best form of action to take and equip you carry to this through. While The R.E.A.C.T. Self defence System does concentrate on a dozen or so straightforward but effective self-protection combat techniques, it is not just another self-defence book, full of impractical or ineffective martial arts routines. What it does is heig

Always Be Safe Jul 20 2019 Good safety habits make good sense in this lighthearted rhyming book about safety tips all kids should know, like washing hands before eating, staying close to a grown-up, and wearing a helmet when riding a bike.

Be Careful and Stay Safe Jul 24 2022 The world can seem so perilous, especially where our children are concerned. But even very young children can learn basic skills for staying safe in ordinary situations and preparing for emergencies. Without scaring kids (or alarming adults), this book teaches little ones how to avoid potentially dangerous situations, ask for help, follow directions, use things carefully, and plan ahead. Includes questions, activities, and safety games that reinforce the ideas being taught.

How We Got Cyber Smart Sep 14 2021 This book addresses cyber safety for elementary school-aged children.

Acorn Aug 21 2019 Part of a series, which focuses on situations in which children are likely to find themselves for example bicycle safety, water safety and road safety. Each title includes an index, a picture glossary, suggestions for class discussions and notes on where to find further information.

How to Stay Safe Online May 22 2022 A powerful, comprehensive guide to spotting, responding to and proactively defending yourself from online abuse - and learning how to be a good ally to those experiencing it. 'The need-to-know, must-have and barrier breaking book on fighting online abuse that everyone must have a copy of' Dr Shola Mos-Shogbamimu 'A book written from the front line of life online - heartfelt, heart-breaking, practical, brilliant' Richard Curtis

Digital spaces are a positive force for change, connection and community, but left unregulated, they are not always safe. Globally, women are 27 times more likely than men to be harassed online. Black women are 84% more likely to face online harassment than white. There has been a 71% rise in online disability abuse and 78% of LGBTQ+ people have experienced hate speech online. How to Stay Safe Online is an urgent, necessary digital self-care tool from leading activist for online equality Seyi Akiwo. With a blend of practical advice, Seyi's personal experiences and interviews with Jameela Jamil, Hera Hussain, Laura Bates and Yassmin Abdel-Magied, this book will: * Provide practical tips on how to confidently navigate online spaces * Equip you with a range of responses to online abuse and how to effectively report * Teach you how to set boundaries and use the internet as a force for good * Empower friends, teachers and parents

to help victims * Help you create your own digital self-care plan This will be the go-to guide to developing resilience, greater compassion for others and authentic allyship online.

'Seyi Akiwowo's work to make the online world safer, especially for Black women, is not only powerful, it's necessary' Nova Reid **'This helpful book is a crucial companion'** Emma Gannon **'No one should be using the internet without having read this book'** Alex Holder **'Accessible, empowering and potentially life-changing [...] everyone should read'** Laura Bates **'Seyi is one of the most important voices of our generation [...] I hope this book gets added to the national curriculum'** Poppy Jamie

Introduction to cyber security: stay safe online Aug 13 2021 This 24-hour free course introduced online security: how to recognise threats and take steps to reduce the chances that they will occur.

Prevention And Control Of Covid-19 Mar 28 2020 Shanghai COVID-19 Medical Treatment Expert Team edits this timely guide for effective prevention and control of COVID-19. Readers will obtain useful guidance on prevention and control of COVID-19 in different places ranging from homes, outdoors, workplaces, etc. You will know 'What is the purpose and significance of home quarantine?', 'When do you need to wear a mask?', 'How should you wash your hands?', 'Do you need to wear a mask in an elevator?', 'What foods are safe to eat and what are not?', 'How to deal with express parcels from major epidemic areas or other areas?' and many other useful tips.**Related Link(s)**

This Is How We Stay Safe May 10 2021 Learn all the super-important life skills you need to keep safe with this new series of books all about preparing little ones for school. No matter what grown-ups tell you, being little is hard work; there's so much to learn - from knowing who to talk to if you feel upset, to remembering to put your seatbelt on and how to cross the road safely, and a whole bunch of other things too. Don't panic, This is How We Stay Safe is here to guide you along the way by teaching you the skills you need to look after yourself and keep safe - on the road, online, and around strangers.

How Do Animals Stay Safe? Nov 16 2021 "Differentiated reader that explains how different animals defend themselves and stay safe, with two levels of readability: emergent reader and fluent reader"--Provided by publisher.

Be Smart Stay Safe Nov 23 2019 The Willow Street Kids series is about a group of schoolfriends and the situations they face during the year. Each story is based on a real incident to explain how to deal with the pressures of growing up and how to cope, avoid, overcome, and recover from a variety of problems from bullying to abuse.

I Can be Safe Sep 02 2020 Educates readers about safety, including the value of fear as a warning of danger, the need to beware of people whose behavior creates discomfort, and the importance of learning how to stay safe.

Safe: How to stay safe in a dangerous world Feb 19 2022 In today's increasingly hostile climate people are anxious about how to keep themselves safe. Chris Ryan served in the SAS for seven years and in several war zones throughout the world. During this time he was the Regiment's top striker and in 1991 during the infamous Bravo Two Zero mission behind Iraqi lines he was the only member of the team to evade capture and fight his way to safety, for which he was awarded the Military Medal - his CO said he had 'made Regiment history'. He is the author of bestselling fiction based on his own experiences and is an expert in dangerous situations. Here he tells you how to keep yourself and your family safe from the perils of modern urban life. He leads you through a variety of situations including what to do if: - You are walking down the street and think you are being followed - You find yourself confronted by a threatening group of people or a gang - You find yourself caught in the middle of a riot - You hear gunfire or explosions in a crowded place (e.g. shopping centre) - You hear on the radio that Russia has launched nuclear missiles that will land in the centre of London in two hours.

How to Stay Safe When Entering the Healthcare System Jun 23 2022 This book is an urgent call to action centering on the author's thirty-five-year mission to raise awareness of the 250,000 lives that are lost each year to preventable medical harm and the harm faced by healthcare professionals in the form of workplace violence, depression, and burnout resulting in suicide rates higher than almost every other industry. The book's narrative-driven timeline follows the author's 2,452-mile walk to thirty-seven Major League Ballparks using his love of baseball as a way to garner media attention for his mission and indulge in the welcome relief of baseball nostalgia. Written for both medical professional and lay readers, the book pulls in stories of patients and caregivers harmed as a catalyst for change in our healthcare system, and as a way for the public to connect with the issues faced by healthcare professionals. Also included are pivotal anecdotes and stories from his medical career that propelled him to become an internationally recognized patient safety leader. This book will educate, inform, and entertain medical, nursing, and allied healthcare professionals; patients and families affected or harmed by medical care; healthcare leaders;

medical, nursing and pharmacy students; and politicians interested in healthcare reform. After reading this book, the lay public will be empowered to question healthcare professionals about the quality of their care and learn how to stay safe when entering the healthcare system. **WORDS OF PRAISE** The personal stories reveal how Dr. Mayer confronts brutal truths of preventable patient harm, fixes what needs to be changed, and teaches next generation physicians to be leaders in patient safety. You won't want to put the book down, a real page-turner. --Rosemary Gibson, *Nationally Acclaimed Author of Wall of Silence and China Rx* Dr. Mayer is a literal trailblazer in patient safety, as his astonishing walk across America attests. This book cements his legacy as a patient safety titan, and is, at its core, a vital wake-up call to action for all of us. Read this book and prepare to be inspired. I know I was. --Steve Burrows, *Writer/Director of HBO's Award-winning Documentary Bleed Out*. Dr Mayer is an international leader in promoting patient safety. This book is part of that mission. It is a book about an epic walk. It is a book about the art of good medical care. And it is a book that will help readers understand that we all have a role in making our health system safer. --Kim Oates AO MD DSC FRACP, *Emeritus Professor, Child and Adolescent Health University of Sydney, Australia* Dr. Mayer put himself on the line in walking for patient safety representing all involved in healthcare just as he put his career on the line through unwavering transparency, commitment to social justice, and support for all members of the care teams. It is leaders like Dr. Mayer and the stories within these pages that inspire their courageous dedication to do the right thing for every patient every day every time. --Gwen Sherwood, PhD, RN, FAAN, ANEF, *Professor Emeritus, University of North Carolina at Chapel Hill School of Nursing, Co-Editor, Quality and Safety in Nursing: A Competency Approach to Improving Outcomes* **Helping Vulnerable Children and Adolescents to Stay Safe** Apr 21 2022 Helping vulnerable children and young people to build protective behaviours is the key to keeping them safe. Full of creative ideas and activities, this guide provides the tools to help children develop these key skills. Topics include work around: building resilience and problem solving skills; identifying a 'safety network'; developing emotional literacy; awareness of grooming strategies and safe/unsafe touch; and cyber safety. The range of tried and tested techniques will be sure to engage any child in thinking about their personal safety, allowing adult carers to have confidence that their child will be empowered to better identify and avoid harmful situations and behaviours. Practical and easy to use, this is a valuable resource for professionals working with vulnerable children and young people, such as adopted or fostered children and those in residential care, as well as the parents and carers of these children.

How to Stay Safe at Home and On-line Jan 06 2021

Let's Stay Safe! Aug 25 2022 Using rhymes, teaches young readers how to spot behavioral signs of possibly abusive strangers, not allowing unwanted touching, and reporting unwanted advances to parents. Also taught are: household, fire and traffic safety, and what to do when lost.

Stay Safe! Apr 09 2021 Tips for dealing with threats to personal safety, whether from a bully in school or a stranger on a street corner.

Internet Surveillance and How to Protect Your Privacy Feb 25 2020 Today, whether it's banks, governments, schools, or businesses, they all store data digitally. Keeping our personal details off the internet is nearly impossible. While it's difficult to avoid having some personal information online, readers can take steps to secure it from prying eyes. This guide provides common-sense tips about how to avoid online theft and the mining of data by advertisers and others. In easy-to-follow steps, readers will also learn how to safeguard their computers and other digital devices. With this guide, readers can keep their private info private.

Stay Home, Stay Safe, Stay Weird (a monologue play) Oct 23 2019 This is not your usual collection of monologues about being a teenager in a pandemic. Falling in love with the neighborhood dog walker, the awe of nature, wild family secrets, learning you can fly... Each monologue has its own surprise that'll make you look at quarantine and teenagers in a whole new way. "You know, as the world gets smaller, it gets more surprising." This collection of monologues offers flexible casting, relatable characters and the ability to bring the script to a virtual platform or socially distant performance. Comedy/Drama 30 minutes, flexible. (Monologues are 2-4 minutes each) 9 original monologues, gender-flexible casting

Stay Safe Dec 25 2019 At the center of this stellar collection are three sisters and their imaginative fear of grief. Their great-uncle was bitten by a shark, their mother has a brain tumor, their neighbor hangs himself from a tree—and to cope with these very real terrors, the oldest sister creates an intimate fantasy world. We hear stories of a mountain lion that slaughters a deer, a transparent body washed up on a beach, a selkie who ventures to shore and becomes their mother: "On land her pelt was heavy / like stewed velvet, so she taught herself / to take it off." The sisters' environment of ocean and sand, forests and farmhouses, forms a lush backdrop to many of these poems. But later, as the speaker ages, we find ourselves in the mountains, in an art museum, in a

spacecraft where a recorded voice “has the soft accent of someone only a generation or two removed from Earth.” The voice in these poems is the perfect mix of grief and imagination, quiet and explosion. Stay Safe is delicate and extraordinary, a powerful debut.

Protect Yourself! Sep 26 2022 Staying safe today requires you to out think criminals. It starts at home by creating a safe room' where your family can literally barricade themselves and remain safe until police arrive if your home was ever invaded. The same planning for safety needs to extend outside to when you're driving, parking your car at the mall or just walking down the street. Veteran Police Captain Ron Daniels, inventor of The Ultimate Lock, discusses all aspects of personal safety, from self-defense to use of weapons, from domestic violence to identity theft, and provides many practical, life-saving tips.

How to Stay Safe at Home and On-line Oct 03 2020

How Do Dinosaurs Stay Safe? Mar 08 2021 A young dinosaur takes precautions in order to stay safe throughout the day, both at home and at play, in the latest addition to the How Do Dinosaurs...? series by the award-winning creative team.

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