

A Secret Gift How One Mans Kindness Amp Trove Of Letters Revealed The Hidden History Great Depression Ted Gup

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Eventually, you will unquestionably discover a additional experience and expertise by spending more cash. yet when? realize you put up with that you require to get those all needs in the manner of having significantly cash? Why dont you attempt to acquire something basic in the beginning? Thats something that will guide you to understand even more almost the globe, experience, some places, in the same way as history, amusement, and a lot more?

It is your very own times to work reviewing habit. in the course of guides you could enjoy now is [A Secret Gift How One Mans Kindness Amp Trove Of Letters Revealed The Hidden History Great Depression Ted Gup](#) below.

[Kids' Random Acts of Kindness](#) Jun 30 2020 Want to Feel Hopeful About the Future? Share in inspirational stories of generosity written by children of all ages that reveal their surprisingly insightful feelings about kindness and compassion. Look back at why the Random Acts of Kindness series was such a sensation. When the adult version of Random Acts of Kindness was first published hundreds of teachers across the country gave assignments to their students to write about unsolicited acts that they had experienced or initiated. Teachers sent the results to Conari Press which then put out a call for similar stories in a teacher's magazine. Stories poured in and the result was Kid's Random Acts of Kindness. Whimsical and funny to moving and thoughtful, Kid's Random Acts of Kindness helps restore your belief in the potential for goodness in man. In Kid's Random Acts of Kindness, you will see how children are the truest examples of open-hearted giving: · Kids are hopeful. They believe they can change, easily and often. They look forward not back. They like to think about what could be, not what was. · Kids are possibility addicts. They're always working on something. If you listen you'll hear a language of hopefulness and striving, an elasticity that keeps them going and trying. · Kids love to master challenges. They want to try new things, move in new directions, be productive. They are risk takers, sometimes out of faith, sometimes out of desperation. More than anything else, children want and need to belong, to partner, to collaborate. Readers of other books in the Random Acts of Kindness series and motivational books and stories like Chicken Soup for the Soul: Random Acts of Kindness, A Pebble for Your Thoughts, I've Been Thinking..., and You Can Do All Things will love the encouraging, inspirational stories in Random Acts of Kindness.

[An Old Man's Game](#) Nov 23 2019 "Andy Weinberger has done something extraordinary with his first novel: he's written a truly great detective novel that is fresh and original, but already feels like it's a classic. In the tradition of Walter Mosley, Raymond Chandler, and Sue Grafton, semi-retired private eye Amos Parisman roams LA's

seedy and not-so-seedy neighborhoods in pursuit of justice. I don't want another Amos Parisman novel—I want a dozen more!” — Amy Stewart When a controversial celebrity rabbi drops dead over his matzoh ball soup at the famed Canter's Deli in Los Angeles, retired private eye Amos Parisman— a sixtyish, no-nonsense Jewish detective who lives with his addled wife in Park La Brea—is hired by the temple's board to make sure everything is kosher. As he looks into what seems to be a simple, tragic accident, the ante is raised when more people start to die or disappear, and Amos uncovers a world of treachery and hurt that shakes a large L.A. Jewish community to its core.

The Kindness of God Mar 28 2020 Fathers, sons, brothers, kings. Does the predominantly masculine symbolism of the Biblical writings exclude women or overlook the riches of their spiritual life? Janet Martin Soskice opens up the Bible's imagery for sex, gender, and kinship, by discussing its place in the central teachings of Christian theology.

One Small Act of Kindness Oct 03 2020 What can you do to make the world a better place? Libby and her husband Jason have moved back to his hometown to turn the family B&B into a boutique hotel. They have left London behind and all the memories - good and bad - that went with it. The injured woman Libby finds lying in the remote country road has lost her memory. She doesn't know why she came to be there, and no one seems to be looking for her. When Libby offers to take her in, this one small act of kindness sets in motion a chain of events that will change many people's lives . . . 'A beautifully written story about friendship, trust and love. I adored it.' - Milly Johnson A perfect summer read for fans of Jojo Moyes and Katie Fforde.

A Secret Gift Sep 26 2022 "A wonderful reminder that economic hardship can bring suffering but can also foster compassion and community." -The Boston Globe In hard economic times like these, readers will find bestselling author Ted Gup's unique book uplifting as well as captivating. Inside a suitcase kept in his mother's attic, Gup discovered letters written to his grandfather in response to an ad placed in a Canton, Ohio, newspaper in 1933 that offered cash to seventy-five families facing a devastating Christmas. The author travels coast to coast to unveil the lives behind the letters, describing a range of hardships and recreating in his research the hopes and suffering of Depression-era Americans, even as he uncovers the secret life led by the grandfather he thought he knew.

The Power of Nice Oct 23 2019 Linda Kaplan Thaler and Robin Koval have moved to the top of the advertising industry by following a simple but powerful philosophy: it pays to be nice. Where so many companies encourage a dog eat dog mentality, the Kaplan Thaler Group has succeeded through chocolate and flowers. In **THE POWER OF NICE**, through their own experiences and the stories of other people and businesses, they demonstrate why, contrary to conventional wisdom, nice people finish first. Turning the well-known adage of “Nice Guys Finish Last” on its ear, **THE POWER OF NICE** shows that “nice” companies have lower employee turnover, lower recruitment costs, and higher productivity. Nice people live longer, are healthier, and make more money. In today's interconnected world, companies and people with a reputation for cooperation and fair play forge the kind of relationships that lead to bigger and better opportunities, both in business and in life. But being nice doesn't mean acting wimpy. In fact, nice may be the toughest four-letter word you'll ever encounter. Kaplan Thaler and Koval illustrate the surprising power of nice with an array of real-life examples from the business arena as well as from their personal lives. Most important, they present a plan of action covering everything from creating a positive impression to sweetening the pot to turning enemies into allies. Filled with inspiration and suggestions on how to supercharge your career and expand your reach in the workplace, **THE POWER OF NICE** will transform how you live and work.

A Secret Gift Oct 27 2022 An inspiring account of America at its worst-and Americans at their best-woven from the stories of Depression-era families who were helped by gifts from the author's generous and secretive grandfather. Shortly before Christmas 1933 in Depression-scarred Canton, Ohio, a small newspaper ad offered \$10, no strings attached, to 75 families in distress. Interested readers were asked to submit letters describing their hardships to a benefactor calling himself Mr. B. Virdot. The author's grandfather Sam Stone was inspired to place this ad and assist his fellow Cantonians as they prepared for the cruelest Christmas most of them would ever witness. Moved by the tales of suffering and expressions of hope contained in the letters, which he discovered in a suitcase 75 years later, Ted Gup initially set out to unveil the lives behind them, searching for records and relatives all over the country who could help him flesh out the family sagas hinted at in those letters. From these sources, Gup has re-created the impact that Mr B. Virdot's gift had on each family. Many people yearned for bread, coal, or other necessities, but many others received money from B. Virdot for more fanciful items—a toy horse, say, or a set of encyclopedias. As Gup's investigations revealed, all these things had the power to turn people's lives around—even to save them. But as he uncovered the suffering and triumphs of dozens of strangers, Gup also learned that Sam Stone was far more complex than the lovable- retiree persona he'd always shown his grandson. Gup unearths deeply buried details about Sam's life—from his impoverished, abusive upbringing to felonious efforts to hide his

immigrant origins from U.S. officials—that help explain why he felt such a strong affinity to strangers in need. Drawing on his unique find and his award-winning reportorial gifts, Ted Gup solves a singular family mystery even while he pulls away the veil of eight decades that separate us from the hardships that united America during the Depression. In *A Secret Gift*, he weaves these revelations seamlessly into a tapestry of Depression-era America, which will fascinate and inspire in equal measure. [Watch a Video](#)

HumanKind Aug 21 2019 This Wall Street Journal and USA Today bestseller is filled with true stories about how one small deed can make a world of difference. “Elegant and wise” (Deepak Chopra). “The most uplifting and life-affirming book in years” (Forbes). “This might be the most beautiful book I’ve ever read. It’s lifted my soul and brought me to tears in all the right ways.”—Jane Green, author of 18 New York Times bestsellers Named best inspirational book of the year by the Independent Book Publishers Association and chosen as an International Book Awards winner, *HumanKind* is the heartwarming, feel-good book we all need right now. These inspiring stories will open your heart and rekindle your faith in humanity. You’ll meet the mentor who changed a child’s life with a single lesson in shoe-tying and see the far-reaching ripple effects of that seemingly small deed. You’ll also meet the six-year-old who launched a global kindness movement; the band of seamstress grandmothers who patch clothes and mend hearts for homeless people; the puppy, given as a gift, that touched the lives of thousands of children; and many other heroes. There are also practical tips for making a difference with your own words and deeds, and the resource section lists organizations where you can channel your efforts to create your own ripples of kindness. *HumanKind* is a great gift to yourself and anyone who’s been a source of kindness in your life. It will leave you grateful for what you have, provide a refuge from the negativity that surrounds us, and remind you of what really matters. All author royalties are donated to Big Brothers Big Sisters.

Read On...History Jul 20 2019 Make history come alive! This book helps librarians and teachers as well as readers themselves find books they will enjoy—titles that will animate and explain the past, entertain, and expand their minds. This invaluable resource offers reading lists of contemporary and classic non-fiction history books and historical fiction, covering all time periods throughout the world, and including practically all manner of human endeavors. Every book included is hand-selected as an entertaining and enlightening read! Organized by appeal characteristics, this book will help readers zero in on the history books they will like best—for instance, titles that emphasize character, tell a specific type of historical story, convey a mood, or are presented in a particular setting. Every book listed has been recommended based on the author's research, and has proved to be a satisfying and worthwhile read. Provides succinct, accessible overview information to make finding the right book efficient. Selectively arranges the most interesting books into lists that will entice readers to return to reading about the past. Organizes lists in sections based on appeal features of character, setting, story, language, and mood.

The Cat Man of Aleppo Mar 08 2021 Winner of the Caldecott Honor 2021 Winner of the Middle East Book Award 2020 ‘A beautifully told and illustrated story that offers a unique perspective on both war and humanity.’ Kirkus, starred review Out of the ravages of war came hope. How an act of kindness inspired millions worldwide. When war came to Syria, many fled the once-beautiful city of Aleppo and were forced to become refugees in far-flung places. But Mohammad Alaa Aljaleel decided to stay and work as an ambulance driver, helping the civilians that couldn’t leave. He quickly realised that it wasn’t just people who needed care, but also the hundreds of cats abandoned on the streets. Using the little money he earned, he began feeding and looking after them. But there were too many for Alaa to care for on his own, so he asked the world for help to keep his new friends safe. Soon, his call was answered. Alaa’s brave and heart-warming story is brought to triumphant life on these pages, which include a note from Alaa himself. Alaa’s cat sanctuary has expanded to work with local children traumatised by a lifetime of war. To find out more about his work, visit ernestosanctuary.org

All of This Is for You Nov 16 2021 A beautiful and uplifting collection of heartfelt, hand-lettered full-color artwork and soothing messages that provide compassion and connection for everyone feeling overwhelmed in their lives. *All of This is for You* is balm for anyone feeling lost and detached from today’s confusing, hectic world. In her luminous four-color hand-lettered artwork and accompanying heartfelt notes, acclaimed illustrator Ruby Jones reminds us that even when times are tough, it remains important to be kind and gentle with ourselves and those around us. Jones received worldwide recognition after she posted an illustration of two women—one of them a Muslim wearing a hijab—embracing after the 2019 Christchurch terrorist attacks. The image was accompanied by an extraordinary message of empathy and understanding: “This is your home and you should have been safe here.” A beacon of hope and kindness, *All of This is for You* is for every one of us, because no matter the individual issue—whether it’s self-image, identity, depression, grief, or anxiety—we all struggle with challenges. Jones's gentle illustrations and soothing insights are a breath of fresh air during tough times, and a reminder of humanity's inherent and enduring goodness.

Kinship and Kindness May 30 2020 Bennett Reynard needs one thing: to speak to the Rougarou about starting a union for shifters in New York City before the delegation arrives. When his dirigible finally lands in Louisiana, he finds the Rougarou is gone and in his stead is his handsome son, Theo, who seems to care for everyone but himself. Hoping he can still petition the Rougarou, Bennett stays only to find he is growing dangerously close to Theo Bisclavret. Theo Bisclavret thought he had finally come to terms with never being able to take his father's place as the Rougarou, but with his father stuck in England and a delegation of werewolves arriving in town, Theo's quiet life is thrown into chaos as he and his sister take over his duties. Assuming his father's place has salted old wounds, but when a stranger arrives offering to help, Theo knows he can't say no, even if Mr. Reynard makes him long for things he had sworn off years ago. As rivals arrive to challenge Theo for power and destroy the life Bennett has built, they know they must face their greatest fears or risk losing all they have fought for. With secrets threatening to topple their worlds, can Theo and Bennett let down their walls before it's too late?

The Kindness Monster Jun 11 2021

Kindness is a Kite String Apr 21 2022 Cultivating kindness is easy when you try. Spread a little kindness and watch empathy ripple through the community... spreading happiness like sunshine, connecting diverse groups like a footbridge and lifting hope like a kite string. How can YOU lift others with kindness? This compelling book illustrates simple, yet impactful ways, to spread kindness and brighten the lives of others. Through poetry, the inspiring words uplift young readers, planting seeds of empathy, kindness and community support. The best book for positively teaching kindness. Kindness is a Kite by Michelle Schaub carries the key message of kindness as well as how to teach similes and metaphors supported by the many advocates of positive parenting solutions. It'll sit comfortably on your shelf alongside other books that focus on the power of kindness. Like the work of Diane Alber (Scribble Stones) and Brandon Walden (Trees) This book comes with a free Reader's Guide for children. The guide is available for free download from the publisher website. Lesson plans, activities and discussion questions to allow parents, teachers and caregivers to explore the topic further and deepen comprehension.

Your Next 24 Hours Mar 20 2022 If asked, who among us wouldn't say we were kind people? But kindness is often manifested in feelings of pity or sympathy--especially when others are watching--rather than in deeds. And when it comes down to it, what good does mere feeling do for the world? *Your Next 24 Hours* is about something much bigger--a lifestyle of kindness, without thought of reciprocation, extended toward every person in our lives, both friend and foe. Through powerful true stories of kindness lived out, this book shows readers the enormous difference they can make through small, doable acts of kindness in their families, communities, workplaces, schools, and churches. It shows how every encounter with another person is an opportunity to be kind--and a chance to change our world. Readers of *Your Next 24 Hours* will find deep satisfaction and joy as they discover how they can be part of a revolution of kindness that starts with them and reaches out through every person their lives touch.

A Complicated Kindness Feb 07 2021 A work of fierce originality and brilliance, Miriam Toews' novel explores the ties that bind families together and the forces that tear them apart. It is the world according to Nomi Nickel, a heartbreakingly bewildered and wry young woman trapped in a small Mennonite town that seeks to set her on the path to righteousness and smother her at the same time. 'Half of our family, the better-looking half, is missing,' Nomi tells us at the beginning of *A Complicated Kindness*. Left alone with her father Ray, her days are spent piecing together the reasons her mother Trudie and her sister Tash have gone missing, and trying to figure out what she can do to avoid a career at Happy Family Farms, a chicken abattoir on the outskirts of East Village - not the neighbourhood in Manhattan where Nomi most wants to live but the small town in southern Manitoba. East Village is ministered by Hans, Nomi's pious uncle, otherwise known as The Mouth. As Nomi gets to the bottom of the truth behind her mother's and sister's disappearances, she finds herself on a direct collision course with her uncle and the only community she has ever known. In this funny, compassionate and moving novel, Miriam Toews has created a character who will stay in the hearts of readers long after they've put the book down.

Random Acts of Kindness Then & Now Sep 14 2021 The original bestseller that inspired a movement, plus new stories and wisdom from people whose lives it has changed. More than twenty-five years ago, Conari Press published *Random Acts of Kindness*, and launched a simple movement—of people being kind to one another in their daily lives. Now the editors of Conari Press have compiled *Random Acts of Kindness Then and Now*, which includes the original book along with new material sourced from Facebook, Twitter, and various other social networks. It combines the best of twenty-first-century crowd-sourced wisdom with the best of twentieth century social activism. The inspiration for the kindness movement, *Random Acts of Kindness* is an antidote for a weary world. Its true stories, thoughtful quotations, and suggestions for generosity inspire readers to live more compassionately in this beautiful new edition. The original *Random Acts of Kindness* was named a Best Bet for

Educators in 2000 by USA Today. This expanded edition can help a whole new generation of readers restore their faith in humanity.

The Kindness Diaries Aug 25 2022 Follow the inspirational journey of a former stockbroker who leaves his unfulfilling desk job in search of a meaningful life. He sets out from Los Angeles on a vintage motorbike, determined to circumnavigate the globe surviving only on the kindness of strangers. Incredibly, he makes his way across the U.S., through Europe, India, Cambodia, and Vietnam, and finally to Canada and back to the Hollywood sign, by asking strangers for shelter, food, and gas. Again and again, he's won over by the generosity of humanity, from the homeless man who shares his blanket to the poor farmer who helps him with his broken down bike, and the HIV-positive mother who takes him in and feeds him. At each stop, he finds a way to give back to these unsuspecting Good Samaritans in life-changing ways, by rebuilding their homes, paying for their schooling, and leaving behind gifts big and small. The Kindness Diaries will introduce you to a world of adventure, renew your faith in the bonds that connect people, and inspire you to accept and generate kindness in your own life.

The One Year Daily Acts of Kindness Devotional Dec 25 2019 What would happen if you and your family committed to doing one act of kindness each day for a year? Our world desperately needs more kindness. Whether it's on social media, in the news, or between your arguing kids it can seem like conflict and disconnection are everywhere. But imagine how much better life would be if we got intentional about being kind! This year, embark on a journey to make kindness a part of your life, home, and soul. In The One Year Daily Acts of Kindness Devotional, you'll find Scripture passages and inspirational personal stories about why God calls us to show kindness, what it means to live a life of generosity, and how you can incorporate kindness into your everyday routine (and teach it to your kids) with tons of simple, easy-to-do ideas. Show your world the kind of love that is possible with daily acts of kindness that will change your heart, inspire your family, and draw you closer to God.

The War for Kindness Feb 19 2022 'In this masterpiece, Jamil Zaki weaves together the very latest science with stories that will stay in your heart forever' - Angela Duckworth, author of Grit 'Scientific, gripping, groundbreaking and hopeful. The War for Kindness is the message for our times' - Carol Dweck, author of Mindset Empathy has been on people's mind a lot lately. Philosophers, evolutionary scientists and indeed former President Obama agree that an increase in empathy could advance us beyond the hatred, violence and polarization in which the world seems caught. Others disagree, arguing it is easiest to empathize with people who look, talk or think like us. As a result, empathy can inspire nepotism, racism and worse. Having studied the neuroscience and psychology of empathy for over a decade, Jamil Zaki thinks both sides of this debate have a point. Empathy is sometimes an engine for moral progress, and other times for moral failure. But Zaki also thinks that both sides are wrong about how empathy works. Both scientists and non-scientists commonly argue that empathy is something that happens to you, sort of like an emotional knee-jerk reflex. Second, they believe it happens more to some people than others. This lines people up along a spectrum, with deep empaths on one end and psychopaths on the other. What's more, wherever we are on that spectrum, we're stuck there. In The War for Kindness, Zaki lays out a very different view of how empathy works, one that breaks these two assumptions. Empathy is not a reflex; it's a choice. We choose empathy (or apathy) constantly: when we read a tragic novel, or cross the street to avoid a homeless person, or ask a distraught friend what's the matter. This view has crucial consequences: if empathy is less a trait (like height), and more a skill (like being good at word games), then we can improve at it. By choosing it more often, we can flex our capabilities and grow more empathic over time. We can also "tune" empathy, ramping it up in situations where it will help and turning it down when it might backfire. Zaki takes us from the world of doctors who train medical students to empathise better to social workers who help each other survive empathising too much. From police trainers who help cadets avoid becoming violent cops to political advocates who ask white Americans to literally walk a (dusty) mile in Mexican immigrants' shoes. This book will give you a deepened understanding of how empathy works, how to control it and how to become the type of empathiser you want to be.

The Language of Kindness Dec 17 2021 'It made me cry. It made me think. It made me laugh' Adam Kay Christie Watson was a nurse for twenty years. Taking us from birth to death and from A&E to the mortuary, The Language of Kindness is an astounding account of a profession defined by acts of care, compassion and kindness. We watch Christie as she nurses a premature baby who has miraculously made it through the night, we stand by her side during her patient's agonising heart-lung transplant, and we hold our breath as she washes the hair of a child fatally injured in a fire, attempting to remove the toxic smell of smoke before the grieving family arrive. In our most extreme moments, when life is lived most intensely, Christie is with us. She is a guide, mentor and friend. And in these dark days of division and isolationism, she encourages us all to stretch out a hand. 'A powerful insight into the life of nurses' The Times, Books of the Year 'A remarkable book about life and death and so brilliantly written it makes you hold your breath' Ruby Wax

The Kindness of Strangers Sep 21 2019 "A fine achievement."--Peter Singer, author of The Life You Can Save and The Most Good You Can Do A sweeping

psychological history of human goodness -- from the foundations of evolution to the modern political and social challenges humanity is now facing. How did humans, a species of self-centered apes, come to care about others? Since Darwin, scientists have tried to answer this question using evolutionary theory. In *The Kindness of Strangers*, psychologist Michael E. McCullough shows why they have failed and offers a new explanation instead. From the moment nomadic humans first settled down until the aftermath of the Second World War, our species has confronted repeated crises that we could only survive by changing our behavior. As McCullough argues, these choices weren't enabled by an evolved moral sense, but with moral invention -- driven not by evolution's dictates but by reason. Today's challenges -- climate change, mass migration, nationalism -- are some of humanity's greatest yet. In revealing how past crises shaped the foundations of human concern, *The Kindness of Strangers* offers clues for how we can adapt our moral thinking to survive these challenges as well.

[More Random Acts of Kindness](#) Jul 24 2022 An all-new volume of inspirational true stories, thoughtful quotations, and ways to practice kindness and generosity every day. When *Random Acts of Kindness* was first published in 1993, it inspired a movement that culminated with Congress declaring a National Random Acts of Kindness Week. The Editors at Conari Press were flooded with heartwarming stories about acts of kindness from people all over the country. This book is packed with stories from people who have observed or engaged in random acts of kindness, and their stories serve as motivation for more of us to go out and be a force for good. Kindness inspires kindness—this is the magic fueling the movement. Not only is this book full of amazing true stories of everyday kindnesses, it also shares thoughtful quotes to provide some extra inspiration for the journey. Open up this sequel to *Random Acts of Kindness* and learn more about: How people from every imaginable background have witnessed and practiced kindness The difference that one act of kindness can make Ways to go out and be a source of generosity and love

[A Kindness Cup](#) Jan 26 2020 In nineteenth-century Queensland, Lieutenant Freddie Buckmaster takes a band of men to 'disperse the natives' from Mandarana, an outback town. Violence is the inevitable result. Terrified, a young mother, Kowaha, leaps from a cliff, holding her baby. Two decades after the massacre, Tom Dorahy returns to his hometown for a reunion, bringing with him memories of its dark past and an attempt to reclaim justice for the victims of that night. *A Kindness Cup* addresses the efforts made to forget and to remember by both white and indigenous Australians, so that they may negotiate a future together.

Man's Search For Meaning May 10 2021 Over 16 million copies sold worldwide 'Every human being should read this book' Simon Sinek One of the outstanding classics to emerge from the Holocaust, *Man's Search for Meaning* is Viktor Frankl's story of his struggle for survival in Auschwitz and other Nazi concentration camps. Today, this remarkable tribute to hope offers us an avenue to finding greater meaning and purpose in our own lives.

A Terrible Kindness Aug 13 2021 *A BOOK OF THE MONTH RADIO 2 STEVE WRIGHT IN THE AFTERNOON PICK* *AN OBSERVER DEBUT OF 2022* *AS FEATURED ON FRONT ROW* When we go through something impossible, someone, or something, will help us, if we let them . . . It is October 1966 and William Lavery is having the night of his life at his first black-tie do. But, as the evening unfolds, news hits of a landslide at a coal mine. It has buried a school: Aberfan. William decides he must act, so he stands and volunteers to attend. It will be his first job as an embalmer, and it will be one he never forgets. His work that night will force him to think about the little boy he was, and the losses he has worked so hard to forget. But compassion can have surprising consequences, because - as William discovers - giving so much to others can sometimes help us heal ourselves. 'I LOVE IT! Utterly and completely brilliant.' JOANNA CANNON 'It's a long time since I've read a debut novel that moved me so much.' RACHEL JOYCE 'Extraordinary.' SOPHIE HANNAH 'A brave and tender novel.' JOANNA GLEN What readers are saying: 'One stunning read to remember.' 'Beautifully written . . . I would recommend this book to all.' 'Utterly heartbreaking and uplifting . . . I loved it.' 'Tremendous.'

The Good Guys May 22 2022 A life-changing book that shows kids it's cool to be kind. A gloriously illustrated celebration of heroes who have changed the world with kindness and compassion, from David Attenborough to Nelson Mandela, Oskar Schindler to Usain Bolt. What if we celebrated boys for their kindness as well their strength? For their generosity as well as their success? For their loyal friendship as well as their charm? *The Good Guys* introduces us to 50 heroes who have showed that changing the world doesn't require a sword or a corporate jet. Readers will find stories of extraordinary men including Muhammad Ali, Professor Green, Patrick Stewart and Lionel Messi, as well as unsung heroes such as James Harrison, who has spent fifty years donating his rare blood to save millions of babies. There's even a section celebrating ten boys who didn't let their young age stop them from helping others, such as Matthew Kaplan, who responded to his brother's bullies by setting up an anti-bullying programme for schools. *The Good Guys* celebrates the feats of heroes and everyday men, and will show kids that it really is cool to be kind.

Self-Compassion Oct 15 2021 Kristin Neff PhD, is a professor in human development whose 10 years' of research forms the basis of her timely and highly readable book. *Self-Compassion* offers a powerful solution for combating the current malaise of depression, anxiety and self criticism that comes with living in a pressured and

competitive culture. Through tried and tested exercises and audio downloads, readers learn the 3 core components that will help replace negative and destructive measures of self worth and success with a kinder and non judgemental approach in order to bring about profound life change and deeper happiness. Self Compassion recognises that we all have weaknesses and limitations, but in accepting this we can discover new ways to achieve improved self confidence, contentment and reach our highest potential. Simply, easily and compassionately. Kristin Neff's expert and practical advice offers a completely new set of personal development tools that will benefit everyone. 'A portable friend to all readers ... who need to learn that the Golden Rule works only if it's reversible: We must learn to treat ourselves as well as we wish to treat others.' Gloria Steinem 'A beautiful book that helps us all see the way to cure the world - one person at a time - starting with yourself. Read it and start the journey.' Rosie O'Donnell

The Little Things Jun 23 2022 One girl's simple act of kindness causes ripples in her community in this witty, heartwarming story about paying it forward The day after a mighty storm, a little girl finds a sea star that has washed up on shore, and she returns it to the ocean. Seeing her small act of kindness, an old man heads to an animal shelter with his grandson to pick a dog in need of a home. His grandson feels inspired to help an elderly woman clean up her yard, which inspires a teenager to pack an extra lunch for someone in need, and on and on until each small gesture builds toward a magnificent conclusion. Full of humor, heart, and proof of the generosity that we all have inside of us, Christian Trimmer and Kaylani Juanita's story is a welcome reminder: It's the little things that make a big difference.

Same Kind of Different As Me Apr 09 2021 A dangerous, homeless drifter who grew up picking cotton in virtual slavery. An upscale art dealer accustomed to the world of Armani and Chanel. A gutsy woman with a stubborn dream. A story so incredible no novelist would dare dream it. It begins outside a burning plantation hut in Louisiana. . . and an East Texas honky-tonk . . . and, without a doubt, in the heart of God. It unfolds in a Hollywood hacienda . . . an upscale New York gallery . . . a downtown dumpster. . . a Texas ranch. Gritty with pain and betrayal and brutality, it also shines with an unexpected, life-changing love. This incredible retelling now includes an interview with the authors and a reader's guide that is perfect for individual or group study. The most inspirational and emotionally gripping story of faith, fortitude, and friendship I have ever read. A powerful example of the healing, restorative power of forgiveness and the transformational, life changing power of unconditional love.—Mark Clayman, Executive Producer for the Academy Award-nominated *The Pursuit of Happyness* Denver Moore and Ron Hall's story is one that moved me to tears. The friendship that forms between these two men at a time when both were in great need is an inspiration to all of us to be more compassionate to everyone we come in contact with. This is truly a wonderful book!—Mrs. Barbara Bush

The Book Thief Dec 05 2020 #1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. “The kind of book that can be life-changing.” —The New York Times “Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank.” —USA Today DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.

The Boy, The Mole, The Fox and The Horse Sep 02 2020 Discover the very special book that has captured the hearts of millions of readers all over the world. 'A wonderful work of art and a wonderful window into the human heart' Richard Curtis A book of hope for uncertain times. Enter the world of Charlie's four unlikely friends, discover their story and their most important life lessons. The boy, the mole, the fox and the horse have been shared millions of times online - perhaps you've seen them? They've also been recreated by children in schools and hung on hospital walls. They sometimes even appear on lamp posts and on cafe and bookshop windows. Perhaps you saw the boy and mole on the Comic Relief T-shirt, Love Wins? Here, you will find them together in this book of Charlie's most-loved drawings, adventuring into the Wild and exploring the thoughts and feelings that unite us all.

The Five Side-effects of Kindness Feb 25 2020 Scientific evidence has proven that kindness changes the brain, impacts the heart and immune system, and may even be an antidote to depression. We're actually genetically wired to be kind. In this book, inspirational ex-scientist David Hamilton shows that the effects of kindness are felt daily throughout our nervous systems. When we're kind, our bodies are healthiest. In his down-to-earth and accessible style, David shares how: • Kindness makes us happier •

Kindness improves relationships • Kindness is good for the heart • Kindness slows ageing • Kindness is contagious This unique book fuses scientific research around being kind with inspirational real life examples of kindness from ordinary people. Reading these stories will nourish your soul and leave you with renewed optimism for the future, and this book will help you see the many ways in which giving your time, energy and love to another could transform your health – and your whole world.

The Kindness of Strangers Jul 12 2021 The story of man's continental leap of faith and the country that caught him.

The Secret History of Kindness: Learning from How Dogs Learn Apr 28 2020 An intimate, surprising look at man's best friend and what the leading philosophies of dog training teach us about ourselves. Years back, Melissa Holbrook Pierson brought home a border collie named Mercy, without a clue of how to get her to behave. Stunned after hiring a trainer whose immediate rapport with Mercy seemed magical, Pierson began delving into the techniques of positive reinforcement. She made her way to B. F. Skinner, the behavioral psychologist who started it all, the man who could train a pigeon to dance in minutes and whose research on how behavior is acquired has ramifications for military dolphin trainers, athletes, dancers, and, as he originally conceived, society at large. To learn more, Pierson met with a host of fascinating animal behaviorists, going behind the scenes to witness the relationships between trainers and animals at the National Zoo in Washington, DC, and to the in-depth seminars at a Clicker Expo where all the dogs but hers seemed to be learning new tricks. The often startling story of what became of a pathbreaking scientist's work is interwoven with a more personal tale of how to understand the foreign species with whom we are privileged to live. Pierson draws surprising connections in her exploration of how kindness works to motivate all animals, including the human one.

On the Exceeding Worth of Kindness Jun 18 2019 A man is never tired of hearing about what he cares much for; neither ought his fellowmen to weary of telling him things needful for him to know. Now, there is nothing in our neighbour's dealings with us more engaging than kindness; yet of no duty do we require to be more frequently reminded than of that of being kind. This thought has emboldened the author of the following pages to write in his turn on a subject treated before him by very many others. Aeterna Press

Joseph: A Man of Kindness and Goodness Nov 04 2020

Random Acts of Kindness Jan 18 2022 Best of the Inspirational Stories That Triggered a Kindness Movement True stories, thoughtful quotations and suggestions to inspire readers to live more compassionately. Experience a book-inspired phenomenon. The unprecedented success of Random Acts of Kindness not only inspired many individuals to be kinder, but also led Congress to declare a National Random Acts of Kindness Week in February 1995. The inspiration for the kindness movement, the book Random Acts of Kindness, is an antidote for a weary world. Its true stories, thoughtful quotations, and suggestions for generosity should inspire you to live more compassionately and be a kinder person. Own the special gift edition. This collection of the "best of the Random Acts" series includes stories of men, women, and children who've reached out to perform acts of kindness that brighten days, improve lives, and sometimes even save others. What if all of a sudden everyone started performing good deeds every day? This inspiring collection presents many true stories of people who've committed, received, and observed voluntary acts of kindness. Hearing their stories reveals how these simple, small acts of goodness can have a profoundly positive effect in the world. This beautiful new edition also includes hundreds of new ideas that readers can use to perform their own random acts and celebrate kindness. Readers of motivational books and stories like Chicken Soup for the Soul: Random Acts of Kindness, A Pebble for Your Thoughts, I've Been Thinking..., and You Can Do All Things will love the encouraging, inspirational stories in Random Acts of Kindness: An Illustrated Celebration.

Random Acts Of Kindness Jan 06 2021 In his bestselling book Join Me, Danny Wallace instructs his legions of followers to perform a 'Random Act of Kindness' every Friday. As a result, his thousands of followers (dubbed the Karma Army), without warning, made people happier the length and breadth of the country. Now in Random Acts of Kindness Danny and the gang bring you a hilarious, inspirational book to encourage you to perform Random Acts of your own. 'Now, at last, the secret to a happier world! You have the power to make it a nicer place! All over the planet, thousands of people just like you are performing Random Acts of Kindness for complete strangers- Buy an old lady a hat! Give a policeman a helium balloon! Pat a dog! Hand a stranger your umbrella! Applaud a lady who's clearly made an effort! This book contains 365 real Random Acts of Kindness real people have done for real strangers- so read it, learn it, and start making your world the nicer place, today!'

Surrender to Kindness Aug 01 2020